



## EnhanceFitness Affiliates and Sites by State

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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>AZ</b>	<b>Gila River Indian Community</b>  315 West Casa Blanca Sacaton, AZ (520) 562-9841	GRIC District 1 - Blackwater Recreation Center	15747 N. Shegoi Road Blackwater, AZ 85228	(520) 562-9841
		GRIC District 3 - Sacaton Wellness Center	PO Box 328 Sacaton, AZ 85147	(520) 562-9841
		GRIC District 4	P.O. Box 557 Sacaton, AZ 85247	(520) 562-9841
		<b>Hopi Tribe</b>		
	P.O. Box 123 Kykotsmovi, AZ (928) 734-3432	Hopi Fitness Center	123 Main St. Kykotsmovi, AZ 86039	(928) 734-3432
	<b>Inter Tribal Council of Arizona Inc</b>			
	214 N. Central Avenue, Suite 100 Phoenix, AZ (602) 258-4822	GRIC District 2	P.O. Box 713 Sacaton, AZ 85247	(602) 258-4822
		GRIC District 5	Bapchule, AZ 85221	(602) 258-4822
		GRIC District 6	PO Box 235 Sacaton, AZ 85147	(602) 258-4822
		GRIC District 7	2208 2nd Ave Seattle, WA 98121	(602) 258-4822
		Liogue Senior Center	7642 South Camino Benem Tucson, AZ 85757	(602) 258-4822
		Moencopi Senior Center	P.O. Box 2139 Tuba City, AZ 86045	(602) 258-4822
	<b>Pascua Yaqui Tribe</b>			
	7474 South Camino De Oeste Tucson, AZ (520) 879-5548	Pascua Yaqui	7474 South Camino De Oeste Tucson, AZ 85746	(520) 879-5548
		Yaqui Wellness Center	5305 West CalleTorim Tucson, AZ 85757	(520) 879-5548



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<b>AZ</b>	<b>Pima Council on Aging (PCOA)</b> 8467 E. Broadway Tucson, AZ (520) 349-3037	Catalina Community Center	16562 N. Oracle Road Catalina, AZ 85739	(520) 349-3037		
		Clements Recreation Center	8155 East Poinciana Tucson, AZ 85730	(520) 349-3037		
		Congress Health Center	839 W. Congress St. Tucson, AZ 85745	(520) 349-3037		
		Donna Liggins Neighborhood Center	2160 N. 6th Ave. Tucson, AZ 85705	(520) 349-3037		
		Drexel Heights Community Center	5220 South San Joaquin Ave Tucson, AZ 85746	(520) 349-3037		
		El Dorado Campus of TMC Senior Services	1400 N. Wilmot Rd. Tucson, AZ 85712	(520) 349-3037		
		El Pueblo Recreation Center	101 W Irvington Tucson, AZ 85714	(520) 349-3037		
		El Rio Neighborhood Center	1390 W. Speedway Blvd. Tucson, AZ 85745	(520) 349-3037		
		Ellie Towne Flowing Wells Community Center	1660 West Ruthrauff Rd. Tucson, AZ 85705	(520) 349-3037		
		Morris K. Udall Regional Center	7200 E. Tanque Verde Rd Tucson, AZ 85715	(520) 349-3037		
		Picture Rocks Community Center	5615 North Sanders Rd. Tucson, AZ 85743	(520) 349-3037		
		<b>AZ</b>	<b>Salt River Pima-Maricopa Indian Community</b> 10510 E. Osborn Rd. Bldg. #63 Scottsdale, AZ (480) 362-7400	SRPMIC - Senior Services Lehi	10005 East Osborn Road Mesa, AZ 85203	(480) 362-7400
				SRPMIC - Senior Services Scottsdale	10510 E. Osborn Rd. Bldg. #63 Scottsdale, AZ 85256	(480) 362-7400



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<b>AZ</b>	<b>The Area Agency on Aging, Region One</b> 1366 E. Thomas Rd. Suite 108 Phoenix, AZ (602) 264-2255	Apache Junction Active Adult Center	1035 N Idaho Road Apache Junction, AZ 85119	(602) 264-2255	
		Red Mountain Active Adult Center	7550 E. Adobe St. Mesa, AZ 85207	(602) 264-2255	
	<b>White Mountain Apache Tribe</b>				
	P.O. Box 1210 Whiteriver, AZ (928) 338-5278	Cibecue Elderly Feeding Program	P.O. Box 80040 Cibecue, AZ 85911	(928) 338-5278	
		Whiteriver Elderly Feeding Program	P.O. Box 1179 Whiteriver, AZ 85941	(928) 338-5278	
	<b>YMCA of Southern Arizona</b>				
	60 W Alameda St PO Box 1111 Tucson, AZ (520) 623-5511	Lighthouse/City Branch YMCA	2900 N Columbus Blvd Tucson, AZ 85712	(520) 623-5511	
	<b>CA</b>	<b>Central Coast YMCA</b> 500 Lincoln Ave Salinas, CA (831) 757-4633	Salinas Community YMCA	117 Clay Street Salinas, CA 93901	(831) 757-4633
			South County YMCA	560 Walker Drive, PO Box 1106 Soledad, CA 93960	(831) 757-4633
			YMCA of San Benito County	351 Tres Pinos, Suite A-201 Hollister, CA 95023	(831) 757-4633
YMCA of the Monterey Peninsula			600 Camino El Estero Monterey, CA 93940	(831) 757-4633	
<b>Channel Islands YMCA</b>					
55 Hitchcock Way Ste 101 Santa Barbara, CA (805) 569-1103		Channel Islands YMCA	55 Hitchcock Way Ste 101 Santa Barbara, CA 93105	(805) 569-1103	



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<b>CA</b>	<b>City of San Jose</b>		
	200 East Santa Clara St, PRNS, 9th Floor San Jose, CA (408) 535-3570	Almaden Community Center	6445 Camden Ave. San Jose, CA 95120 (408) 535-3570
		Alum Rock Library	3090 Alum Rock Ave San Jose, CA 95127 (408) 535-3570
		Berryessa Community Center	3050 Berryessa Rd San Jose, CA 95132 (408) 535-3570
		Cambrian Library	1780 Hillsdale Ave San Jose, CA 95124 (408) 535-3570
		Camden Community Center	3369 Union Ave San Jose, CA 95124 (408) 535-3570
		Cypress Senior Center	403 Cypress Avenue San Jose, CA 95117 (408) 535-3570
		Evergreen Community Center	4860 San Felipe Rd. San Jose, CA 95135 (408) 535-3570
		Mayfair Community Center	2039 Kammerer Ave. San Jose, CA 95116 (408) 535-3570
		Roosevelt Community Center	901 E. Santa Clara St San Jose, CA 95116 (408) 535-3570
		Seven Trees Community Center	3590 Cas Dr. San Jose, CA 95111 (408) 535-3570
		Southside Community Center	5585 Cottle Rd. San Jose, CA 95123 (408) 535-3570
	Willow Glen Community and Senior Center	2175 Lincoln Ave San Jose, CA 95125 (408) 535-3570	
	<b>Fort Mojave Indian Tribe</b>		
	500 Merriman Avenue Needles, CA (760) 629-4591	Fort Mojave Indian Tribe	500 Merriman Avenue Needles, CA 92363 (760) 629-4591



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<b>CA</b>	<b>Silicon Valley Healthy Aging Partnership</b>  P.O. Box 3707 Sunnyvale, CA (408) 482-4961	Campbell Community Center	1 W Campbell Ave Campbell, CA 95008 (408) 482-4961
		POSSO	1115 East Santa Clara Street San Jose, CA 95116 (408) 482-4961
		Sunnyvale Senior Center	P.O. Box 3707 Sunnyvale, CA 94088 (408) 482-4961
		Timpany Center	730 Empey Way San Jose, CA 95128 (408) 482-4961
		Yu-Ai Kai Akiyama Wellness Center	110 Jackson Street San Jose, CA 95112 (408) 482-4961
	<b>Spectrum Community Services Inc.</b>  2621 Barrington Court Hayward, CA (510) 881-0300	Ashland Community Center	1530 167th Ave San Leandro, CA 94578 (510) 881-0300
		East Oakland Senior Center	9255 Edes Avenue Oakland, CA 94603 (510) 881-0300
		Josephine Lum Lodge	2747 Oliver Drive Hayward, CA 94545 (510) 881-0300
		Marina Community Center	15301 Wicks Blvd San Leandro, CA 94579 (510) 881-0300
		Niles Discovery Church	36600 Niles Blvd. Fremont, CA 94536 (510) 881-0300
		Ralph & Mary Ruggieri Senior Center	33997 Alvarado Niles Rd Union City, CA 94587 (510) 881-0300
		San Leandro Senior Center	13909 E. 14th Street San Leandro, CA 94578 (510) 881-0300
		Southern Alameda County Buddhist Church	32975 Alvarado-Niles Rd Union City, CA 94587 (510) 881-0300
		United Methodist Church	19806 Wisteria St Castro Valley, CA 94546 (510) 881-0300
		Weekes Community Center	27182 Patrick Avenue Hayward, CA 94544 (510) 881-0300



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<b>CA</b>	<b>YMCA of San Francisco</b>			
	50 California St., Ste. 650 San Francisco, CA (415) 777-9622	Peninsula Family YMCA	1877 S Grant St San Mateo, CA 94402	(415) 777-9622
	<b>YMCA of Silicon Valley</b>			
	1922 The Alameda Fl 3 San Jose, CA (408) 351-6400	Central Branch YMCA	1717 The Alameda San Jose, CA 95126	(408) 351-6400
		East Palo Alto YMCA	550 Bell St East Palo Alto, CA 94303	(408) 351-6400
		East Valley Branch YMCA	1975 S White Rd San Jose, CA 95148	(408) 351-6400
		El Camino Branch YMCA	2400 Grant Rd Mountain View, CA 94040	(408) 351-6400
		Northwest Branch YMCA	20803 Alves Dr Cupertino, CA 95014	(408) 351-6400
		Palo Alto Branch YMCA	3412 Ross Rd Palo Alto, CA 94303	(408) 351-6400
		Sequoia Branch YMCA	1445 Hudson St Redwood City, CA 94061	(408) 351-6400
		South Valley Family Branch YMCA	5632 Santa Teresa Blvd San Jose, CA 95123	(408) 351-6400
	Southwest Branch YMCA	13500 Quito Rd Saratoga, CA 95070	(408) 351-6400	
	YMCA of the Redwoods	16275 Highway 9 Boulder Creek, CA 95006	(408) 351-6400	



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<b>CO</b>	<b>YMCA of Boulder Valley</b> 2800 Dagny Way Lafayette, CO (303) 413-9622	Arapahoe Center YMCA	2800 Dagny Way Lafayette, CO 80026	(303) 413-9622
		Longmont YMCA	950 Lashley St Longmont, CO 80504	(303) 413-9622
		Mapleton Center YMCA	2850 Mapleton Ave Boulder, CO 80301	(303) 413-9622
<b>CT</b>	<b>Naugatuck YMCA</b> 284 Church St Naugatuck, CT (203) 729-9622	Naugatuck YMCA	284 Church St Naugatuck, CT 06770	(203) 729-9622
	<b>Regional YMCA of Western Connecticut Inc</b> 246 Federal Rd, Unit B 21 Brookfield, CT (203) 775-8350	New Hope Baptist Church	12 Aaron B. Samuels Blvd. Danbury, CT 06810	(203) 775-8350
	<b>Riverbrook Regional YMCA</b> 404 Danbury Road Wilton, CT (203) 762-8384	Norwalk Senior Center	11 Allen Road Norwalk, CT 06851	(203) 762-8384
		The Greens (CT)	435 Danbury Road Wilton, CT 06897	(203) 762-8384
		Wilton Family YMCA Inc.	404 Danbury Rd Wilton, CT 06897	(203) 762-8384
		Wilton Senior Center	180 School Road Wilton, CT 06897	(203) 762-8384



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<b>CT</b>	<b>Southington-Cheshire Community YMCAs Inc.</b>	Cheshire Branch YMCA	967 South Main Street Cheshire, CT 06410	(860) 628-5597
	29 High Street Southington, CT (860) 628-5597	Southington-Cheshire Community YMCAs Inc.	29 High Street Southington, CT 06489	(860) 628-5597
<b>DC</b>	<b>Bernice Fonteneau Senior Wellness Center</b>	Bernice Fonteneau Senior Wellness Center	3531 Georgia Ave NW Washington, DC 20011	(202) 727-0338
	3531 Georgia Ave NW Washington, DC (202) 727-0338			
	<b>Congress Heights Senior Wellness Center</b>	Congress Heights Senior Wellness Center	3500 Martin Luther King Jr. Ave SE Washington, DC 20032	(202) 563-7225
	3500 Martin Luther King Jr. Ave SE Washington, DC (202) 563-7225			
	<b>Hattie Holmes Senior Wellness Center</b>	Hattie Holmes Senior Wellness Center	324 Kennedy St NW Washington, DC 20011	(202) 291-2790
	324 Kennedy St NW Washington, DC (202) 291-2790			
<b>Hayes Senior Wellness Center</b>	Hayes Senior Wellness Center	500 K St NE Washington, DC 20002	(202) 727-0357	
500 K St NE Washington, DC (202) 727-0357				
<b>Model Cities Senior Wellness Center</b>	Model Cities Senior Wellness Center	1901 Evarts St NE Washington, DC 20018	(202) 635-1900	
1901 Evarts Street NE Washington, DC (202) 635-1900				





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<b>DC</b>	<b>Washington Seniors Wellness Center</b>	3001 Alabama Ave SE Washington, DC (202) 581-9355	Washington Seniors Wellness Center	3001 Alabama Ave SE Washington, DC 20020 (202) 581-9355
	<b>YMCA of Metropolitan Washington</b>	1112 16th St NW Ste 720 Washington, DC (202) 232-6700	Chevy Chase Community Center	3327 Connecticut Ave Washington, DC 20001 (202) 232-6700
			YMCA Capital View	2118 Ridgecrest Court SE Washington, DC 20020 (202) 232-6700
	<b>FL</b>	<b>Alliance for Aging</b>	760 NW 107 Ave Miami, FL (305) 670-6500	Carroll Manor
Key Colony Beach City Hall				5800 Overseas Highway, #38 Marathon, FL 33050 (305) 670-6500
Olga Martinez Senior Center				8551 Hammocks Blvd. Miami, FL 33193 (305) 670-6500
St. Dominic Senior Center				5849 NW 7 St Miami, FL 33126 (305) 670-6500
<b>Central Florida Metro YMCA</b>		433 N Mills Ave Orlando, FL (407) 896-9220	Blanchard Park YMCA	10501 J Blanchard Trail Orlando, FL 32817 (407) 896-9220
			Dr. Phillips YMCA Family Center	7000 Dr Phillips Blvd Orlando, FL 32819 (407) 896-9220
			Peggy and Philip B Crosby Wellness Center	2005 Mizell Ave Winter Park, FL 32792 (407) 896-9220
			Roper YMCA Family Center	100 Windermere Rd Winter Garden, FL 34787 (407) 896-9220



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<b>FL</b>	<b>Florida's First Coast YMCA - Metropolitan</b>  12735 Gran Bay Parkway West, Suite 250 Jacksonville, FL (904) 296-3220	Arlington Family Branch YMCA	9119 Merrill Road Ste #33 Jacksonville, FL 32225	(904) 296-3220
		Claude J. Yates Branch YMCA	221 Riverside Avenue Jacksonville, FL 32202	(904) 296-3220
		James Weldon Johnson Family Branch YMCA	5700 Cleveland Rd Jacksonville, FL 32209	(904) 296-3220
		Schell-Sweet Center	1697 Kings Road Jacksonville, FL 32209	(904) 296-3220
		St. Augustine Branch Family YMCA	500 Pope Road St. Augustine, FL 32080	(904) 296-3220
		Williams Family Branch YMCA	10415 San Jose Blvd Jacksonville, FL 32257	(904) 296-3220
	<b>Miami-Dade Parks and Recreation</b>  275 NW 2nd Street Miami, FL (305) 932-2164	Arcola Lakes Park	1301 NW 83 Street Miami, FL 33147	(305) 932-2164
		Continental Park	10000 SW 82 Ave Miami, FL 33156	(305) 932-2164
		Country Village Park	6550 NW 188 Terrace Miami, FL 33015	(305) 932-2164
		Deerwood Bonita Lakes Park	14445 Southwest 122nd Avenue Miami, FL 33186	(305) 932-2164
		Goulds Park	11350 SW 216th St Miami, FL 33170	(305) 932-2164
		Gwen Cherry Park	7090 NW 22 Ave Miami, FL 33015	(305) 932-2164
		North Trail Park	780 NW 127 Ave Miami, FL 33182	(305) 932-2164
		South Dade Park	28151 SW 164 Ave Miami, FL 33033	(305) 932-2164
		Westwind Lakes Park	6805 SW 152 Ave Miami, FL 33193	(305) 932-2164



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<b>FL</b>	<b>Open Door Health Center</b>			
	1350 SW 4th Street Homestead, FL (305) 246-2400	Gild Adult Day Care Center	18901 SW 106 Ave. Miami, FL 33157	(305) 246-2400
		Homestead Community Center	43 NE 16th St. Homestead, FL 33030	(305) 246-2400
	<b>Volusia/Flagler Family YMCA</b>			
	761 E. Int'l Speedway Blvd DeLand, FL (386) 738-9622	Bethune Cookman University	640 Dr Mary McLeod Bethune Blvd Daytona Beach, FL 32114	(386) 738-9622
		Deland Family YMCA	761 E. International Speedway Blvd. DeLand, FL 32724	(386) 738-9622
		Four Townes Family YMCA-Deltona	280 Wolf Pack Run Deltona, FL 32725	(386) 738-9622
		Ormond Beach YMCA	500 Sterthaus Ave Ormond Beach, FL 32174	(386) 738-9622
		Port Orange YMCA	4701 City Ctr Pkwy Port Orange, FL 32129	(386) 738-9622
		Southeast Volusia YMCA	148 W Turgot Ave Edgewater, FL 32132	(386) 738-9622
	<b>YMCA of South Florida</b>			
	900 SE 3rd Ave., 3rd Floor Fort Lauderdale, FL (305) 357-4000	Boulevard Heights	6770 Garfield Street Hollywood, FL 33024	(305) 357-4000
		Collins Community Center of Oakland Park	3900 Northeast 3rd Avenue Oakland Park, FL 33334	(305) 357-4000
		Dixie Court Apartments	940 South Dixie Court Fort Lauderdale, FL 33311	(305) 357-4000
		First Presbyterian Church of Fort Lauderdale	401 SE 15 Avenue Fort Lauderdale, FL 33301	(305) 357-4000
		Greater Hollywood YMCA Family Center	3161 Taft Street Hollywood, FL 33021	(305) 357-4000



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<b>FL</b>	<b>YMCA of South Florida</b>  900 SE 3rd Ave., 3rd Floor Fort Lauderdale, FL (305) 357-4000	L.A. Lee YMCA Family Center	408 NW 14th Terrace Fort Lauderdale, FL 33311 (305) 357-4000		
		Lauderhill Community YMCA	1901 NW 49 Avenue Lauderhill, FL 33313 (305) 357-4000		
		North Pointe YMCA Family Center	7351 NW 186th Street Miami, FL 33015 (305) 357-4000		
		Northeast Focal Point Senior Center	227 NW 2nd St. Deerfield Beach, FL 33441 (305) 357-4000		
		Northwest Federated Women's Club Senior Center (Irma Allen)	2185 NW 19th Street Fort Lauderdale, FL 33311 (305) 357-4000		
		Parkland YMCA Family Center	10559 Trails End Parkland, FL 33076 (305) 357-4000		
		Pembroke Pines YMCA Family Center	501 SW 172 Ave Pembroke Pines, FL 33029 (305) 357-4000		
		Reverend Samuel Delevoe Memorial Park	2520 NW 6th Street Ft Lauderdale, FL 33311 (305) 357-4000		
		Roosevelt Gardens Park	2841 NW 11 Street Ft Lauderdale, FL 33311 (305) 357-4000		
		The Pride Center	2040 N Dixie Highway Wilton Manors, FL 33305 (305) 357-4000		
		Weston YMCA Family Center	20201 Saddle Club Weston, FL 33327 (305) 357-4000		
		YMCA Village of Allapattah Family Branch	2370 NW 17 Avenue Miami, FL 33142 (305) 357-4000		
		<b>FL</b>	<b>YMCA of the Suncoast</b>  2469 Enterprise Road Clearwater, FL (727) 467-9622	Arthritis and Wellness Institute	300 S Duncan Ave #188 Clearwater, FL 33755 (727) 467-9622
				Citrus County Branch YMCA	3909 North Lecanto Highway Beverly Hills, FL 34465 (727) 467-9622
City of Clearwater- Aging Well Center	1501 N Belcher Rd Clearwater, FL 33761 (727) 467-9622				



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<b>FL</b>	<b>YMCA of the Suncoast</b> 2469 Enterprise Road Clearwater, FL (727) 467-9622	Clearwater Family Branch YMCA	1005 S Highland Ave Clearwater, FL 33756	(727) 467-9622
		Greater Palm Harbor Branch YMCA	1600 16th St Palm Harbor, FL 34683	(727) 467-9622
		North Pinellas Family Branch YMCA	4550 Village Ctr Dr Palm Harbor, FL 34685	(727) 467-9622
		Pinellas County Wellness Center	324 S Ft Harrison Blvd Clearwater, FL 33756	(727) 467-9622
		YMCA of the Suncoast	2469 Enterprise Road Clearwater, FL 33763	(727) 467-9622
<b>GA</b>	<b>Metropolitan Augusta YMCA</b> 3570 Wheeler Road Augusta, GA (706) 922-9622	Aiken County Family YMCA	621 Trolley Line Road Graniteville, SC 29829	(706) 922-9622
<b>HI</b>	<b>County of Kaua'i Agency on Elderly Affairs</b> Pi'ikoi Building 4444 Rice St. Suite 330 Lihue, HI (808) 241-4470	Hanapepe Neighborhood Center	4451 Puolo Road Hanapepe, HI 96716	(808) 241-4470
		Kapaa United Church of Christ	1315 Ulu St. Kapaa, HI 96746	(808) 241-4470
		Kekaha Neighborhood Center	8130 Elepaio Rd Kekaha, HI 96752	(808) 241-4470
		Kilauea Neighborhood Center	2460 Keneke St. Kilauea, HI 96754	(808) 241-4470
		Koloa Neighborhood Center	3461 Weliweli Road Koloa, HI 96756	(808) 241-4470
		Lihu'e Neighborhood Center	3353 Eono St. Lihue, HI 96766	(808) 241-4470
		Waimea Neighborhood Center	4556 Makeke Road Waimea, HI 96796	(808) 241-4470



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<b>HI</b>	<b>Maui County Office on Aging</b> 95 Mahalani Street, Room 20 Wailuku, HI (808) 572-2614	Hale Kupuna O Lanai	1144 Ilima Ave. Lanai City, HI 96793 (808) 572-2614
		Hale Mahaolu Ehiku	56 Ehiku Loop Kihei, HI 96753 (808) 572-2614
		Hale O Lanakila	1977 Main St. Wailuku, HI 96793 (808) 572-2614
		Holy Rosary Church	954 Baldwin Avenue Paia, HI 96779 (808) 572-2614
		Kahului Union Church	44 W. Kamehameha St. Kahului, HI 96732 (808) 572-2614
		Kalama Heights	101 Kanani Road Kihei, HI 96753 (808) 572-2614
		Makawao Hongwanji	1074 Makawao Ave. Makawao, HI 96768 (808) 572-2614
		Maui Powerhouse Gym	P.O. Box 532730 Kihei, HI 96753 (808) 572-2614
		Mayor Hannibal Tavares Community Center	91 Pukalani Ave. Pukalani, HI 96768 (808) 572-2614
		Roselani Place	88 South Papa Avenue Kahului, HI 96768 (808) 572-2614
		St. Anthony's Church	1627 Mill St. Wailuku, HI 96793 (808) 572-2614
		West Maui Senior Center	788 Pauoa Street Lahaina, HI 96761 (808) 572-2614
		<b>HI</b>	<b>St. Francis Healthcare System</b> PO Box 29700 Honolulu, HI (808) 547-6500



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<b>HI</b>	<b>YMCA of Honolulu</b>  1441 Pali Hwy Honolulu, HI (808) 531-3558	Kaimuki-Waiialae Branch YMCA	4835 Kilauea Ave Honolulu, HI 96816	(808) 531-3558
		Kalihi Branch YMCA	1335 Kalihi St Honolulu, HI 96819	(808) 531-3558
		Leeward Branch YMCA	94-440 Mokuola St Waipahu, HI 96797	(808) 531-3558
		Nuuanu Branch YMCA	1441 Pali Hwy Honolulu, HI 96813	(808) 531-3558
		West Oahu Branch YMCA	95-1190 Hikikaulia St Mililani, HI 96789	(808) 531-3558
		Windward Branch YMCA	1200 Kailua Rd Kailua, HI 96734	(808) 531-3558
<b>IA</b>	<b>Camp Foster YMCA</b>  1900 41st St Spirit Lake, IA (712) 336-9622	Bedell Family YMCA	1900 41st St Spirit Lake, IA 51360	(712) 336-9622
		<b>Marshalltown YMCA-YWCA</b>		
	108 Washington St Marshalltown, IA (641) 752-8658	Marshalltown YMCA-YWCA	108 Washington St Marshalltown, IA 50158	(641) 752-8658
		<b>Metropolitan YMCA of Cedar Rapids</b>		
	207 7th Ave SE Cedar Rapids, IA (319) 366-6421	YMCA at Mercy Health Plaza	5264 Council Street NE Cedar Rapids, IA 52402	(319) 366-6421
		YMCA Central Branch	207 7th Ave SE Cedar Rapids, IA 52401	(319) 366-6421
		YMCA Marion Branch	3100 10th Ave Marion, IA 52302	(319) 366-6421
		YMCA Stoney Point Branch	300 Stony Point Rd SW Cedar Rapids, IA 52404	(319) 366-6421



## EnhanceFitness Affiliates and Sites by State

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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>IA</b>	<b>YMCA of Greater Des Moines</b> 501 Grand Avenue Des Moines, IA (515) 645-3342	South Suburban YMCA	401 E Army Post Rd Des Moines, IA 50315	(515) 645-3342
		Walnut Creek Family YMCA	948 73rd St Des Moines, IA 50312	(515) 645-3342
		YMCA Healthy Living Center	12493 University Ave Clive, IA 50325	(515) 645-3342
<b>ID</b>	<b>Wood River Community YMCA</b> 101 Saddle Road Ketchum, ID (208) 727-9622	Wood River Community YMCA	101 Saddle Road Ketchum, ID 83340	(208) 727-9622
	<b>YMCA of Boise Inc.</b> 1177 W State St Boise, ID (208) 344-5501	Caldwell Branch YMCA	3720 S. Indiana Caldwell, ID 83605	(208) 344-5501
		Downtown Family YMCA	1050 W State Street Boise, ID 83702	(208) 344-5501
		West Family YMCA and Boise City Aquatic Center	5959 N Discovery Way Boise, ID 83713	(208) 344-5501
	<b>YMCA of Idaho Falls Inc.</b> 155 N Corner St. Idaho Falls, ID (208) 523-0600	YMCA of Idaho Falls Inc.	155 N Corner St Idaho Falls, ID 83402	(208) 523-0600
<b>IL</b>	<b>Chinese American Service League (CASL)</b> 2141 S Tan Court Chicago, IL (312) 791-0418	Chinese American Service League (CASL)	2141 S Tan Court Chicago, IL 60616	(312) 791-0418





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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>IL</b>	<b>Fox Valley Family YMCA, Inc.</b>			
	3875 Eldamain Rd Plano, IL (630) 552-4100	Fox Valley Family YMCA Central Branch	3875 Eldamain Rd Plano, IL 60545	(630) 552-4100
		Fox Valley Family YMCA West Branch	707 S. Main St Sandwich, IL 60548	(630) 552-4100
	<b>Greater Joliet Area YMCA</b>			
	749 Houbolt Rd Joliet, IL (815) 729-9638	Arthur G Smith & Vera C Smith Family YMCA	1350 S Briggs St Joliet, IL 60433	(815) 729-9638
		C. W. Avery Family YMCA	15120 Wallin Drive Plainfield, IL 60544	(815) 729-9638
		Galowich Family YMCA	749 Houbolt Rd Joliet, IL 60431	(815) 729-9638
	<b>Kishwaukee Family YMCA Inc.</b>			
	2500 W Bethany Rd. Sycamore, IL (815) 756-9577	Dekalb	330 Grove DeKalb, IL 60115	(815) 756-9577
		Kishwaukee Family YMCA Inc.	2500 W Bethany Rd. Sycamore, IL 60178	(815) 756-9577
	<b>Mercer County Family YMCA</b>			
	401 SW 2nd Ave Aledo, IL (309) 582-5101	Mercer County Family YMCA	401 SW 2nd Ave Aledo, IL 61231	(309) 582-5101
	<b>West Cook YMCA</b>			
	255 S Marion St Oak Park, IL (708) 383-5200	West Cook YMCA	255 S Marion St Oak Park, IL 60302	(708) 383-5200



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>IL</b>	<b>YMCA of Knox County</b>			
	1324 W Carl Sandburg Dr Galesburg, IL (309) 344-1324	YMCA of Knox County	1324 W Carl Sandburg Dr Galesburg, IL 61401	(309) 344-1324
<b>IN</b>	<b>Aging and In-Home Services of Northeast Indiana, Inc. (AIHS)</b>			
	2927 Lake Avenue Fort Wayne, IN (800) 552-3662	Salem Manor / Salem View	1221 E. California Rd. Fort Wayne, IN 46825	(800) 552-3662
	<b>Area 9 In-Home &amp; Community Services Agency</b>			
	520 South 9th Street Richmond, IN (765) 966-1795	Richmond Senior Community Center	1600 So 2nd St. Richmond, IN 47374	(765) 966-1795
	<b>Area IV Agency on Aging and Community Action Programs (IN)</b>			
	660 North 36th Street Lafayette, IN (765) 447-7683	Fowler Madison Cottages	1106 Shawn Ranae Dr Fowler, IN 47944	(765) 447-7683
		Friendship Circle Center	1307 Pearl St. Covington, IN 47932	(765) 447-7683
		Tippecanoe Co. Senior Center	1915 Scott Drive Lafayette, IN 47904	(765) 447-7683
<b>Cole Center Family YMCA</b>				
700 Garden St, PO Box 233 Kendallville, IN (260) 347-9622	Cole Center Family YMCA	700 Garden St, PO Box 233 Kendallville, IN 46755	(260) 347-9622	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>IN</b>	<b>Decatur County Family YMCA</b>			
	1301 W Kathy's Way Greensburg, IN (812) 663-9622	Decatur County Family YMCA	1301 W Kathy's Way Greensburg, IN 47240	(812) 663-9622
	<b>Hobart Family YMCA Inc.</b>			
	601 W 40th Pl Hobart, IN (219) 942-2183	Hobart Family YMCA Inc.	601 W 40th Pl Hobart, IN 46342	(219) 942-2183
	<b>Kosciusko Community YMCA Inc.</b>			
	1401 East Smith Street Warsaw, IN (574) 269-9622	Kosciusko Community YMCA Inc.	1401 East Smith Street Warsaw, IN 46580	(574) 269-9622
	<b>Lifespan Resources Inc. (Area 14)</b>			
	33 State Street, 3rd Floor PO Box 995 New Albany, IN (812) 948-6061	Mark Elrod Towers	1 Wolf Trace New Albany, IN 47150	(812) 948-6061
	<b>Lifetime Resources</b>			
	13091 Benedict Drive Dillsboro, IN (812) 432-6200	Brown Gym	100 Broadway St Madison, IN 47025	(812) 432-6200
First Baptist Church of Aurora		6060 Blair Road Aurora, IN 47001	(812) 432-6200	
Switzerland County Senior Center		305 Walnut Street Vevay, IN 47043	(812) 432-6200	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>IN</b>	<b>Senior Center Services of Bartholomew County</b>			
	900 Lindsey St. Columbus, IN (812) 376-9241	The Mill Race Center	900 Lindsey Street Columbus, IN 47201	(812) 376-9241
	<b>SWIRCA &amp; More</b>			
	16 W Virginia Street Evansville, IN (812) 464-7800	SWIRCA & More	16 W Virginia Street Evansville, IN 47737	(812) 464-7800
	<b>Vincennes University dba Generations</b>			
	P.O. Box 314 Vincennes, IN (812) 888-5880	First Baptist Church	500 Lincoln Drive Bloomfield, IN 47424	(812) 888-5880
		Glenburn Community and Wellness Center	R.R. 2, Box 273 Linton, IN 47441	(812) 888-5880
		Huntingburg Convention Community Center	110 East 14th Street Huntingburg, IN 47542	(812) 888-5880
		Vincennes University	102 N. 1st Street Vincennes, IN 47591	(812) 888-5880
	<b>YMCA of Greater Fort Wayne</b>			
	347 W Berry St Suite 500 Fort Wayne, IN (260) 422-6488	Jorgensen Branch YMCA	10313 Aboite Center Rd Fort Wayne, IN 46804	(260) 422-6488
		Parkview Family YMCA	10001 Dawsons Creek Blvd. Fort Wayne, IN 46825	(260) 422-6488
		Renaissance Pointe YMCA	2323 Bowser Ave. Fort Wayne, IN 46803	(260) 422-6488
		Whitley County YMCA	950 E Van Buren St Columbia City, IN 46725	(260) 422-6488



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>			
<b>IN</b>	<b>YMCA of Greater Indianapolis</b> 615 N Alabama St, Suite 200 Indianapolis, IN (317) 266-9622	Arthur Jordan Branch YMCA	8400 Westfield Blvd Indianapolis, IN 46240	(317) 266-9622	
		Avondale Meadows YMCA	3908 Meadows Drive Indianapolis, IN 46205	(317) 266-9622	
		Benjamin Harrison YMCA	5736 Lee Rd Indianapolis, IN 46216	(317) 266-9622	
		Hendricks Regional Health YMCA	301 Satori Pkwy Avon, IN 46123	(317) 266-9622	
		YMCA at the Athenaeum	401 E Michigan St Indianapolis, IN 46204	(317) 266-9622	
	<b>YMCA of Kokomo Indiana</b> 200 N Union St Kokomo, IN (765) 457-4447	YMCA of Kokomo Indiana	200 N Union St Kokomo, IN 46901	(765) 457-4447	
		<b>YMCA of La Porte Indiana</b> 901 Michigan Ave La Porte, IN (219) 325-9622	YMCA of La Porte Indiana	901 Michigan Ave La Porte, IN 46350	(219) 325-9622
		<b>YMCA of Vincennes Indiana</b> 2010 College Ave Vincennes, IN (812) 895-9622	YMCA of Vincennes Indiana	2010 College Ave Vincennes, IN 47591	(812) 895-9622
	<b>KS</b>	<b>Garden City Family YMCA</b> 1224 Center St. Garden City, KS (620) 275-1199	Dodge City Family YMCA	240 San Jose Dr Dodge City, KS 67801	(620) 275-1199
			Garden City Senior Center	907 North 10th Street Garden City, KS 67846	(620) 275-1199



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>KS</b>	<b>McPherson Family YMCA</b>			
	220 N Walnut St., PO Box 1066 McPherson, KS (620) 241-0363	Brookdale McPherson	1460 N Main St. McPherson, KS 67460	(620) 241-0363
		McPherson Family YMCA	220 N Walnut St., PO Box 1066 McPherson, KS 67460	(620) 241-0363
		The Cedars	1021 Cedars Drive McPherson, KS 67460	(620) 241-0363
	<b>YMCA of Salina Kansas</b>			
	570 YMCA Dr Salina, KS (785) 825-2151	YMCA of Salina Kansas	570 YMCA Dr Salina, KS 67401	(785) 825-2151
	<b>YMCA of Topeka</b>			
	421 SW Van Buren St Topeka, KS (785) 354-8591	Downtown Topeka Branch YMCA	421 SW Van Buren St Topeka, KS 66603	(785) 354-8591
	<b>YMCA of Wichita Kansas</b>			
	340 S Broadway #200 Wichita, KS (316) 219-9622	East Branch YMCA	9333 E Douglas Ave Wichita, KS 67207	(316) 219-9622
		Oxford at New Market	3051 North Parkdale Circle Wichita, KS 67205	(316) 219-9622
		South Branch YMCA	3405 S Meridian Ave Wichita, KS 67217	(316) 219-9622
		West Branch YMCA	6940 Newell St Wichita, KS 67212	(316) 219-9622
	<b>KY</b>	<b>Barren County Family YMCA</b>		
1 YMCA Way Glasgow, KY (270) 651-9622		Barren County Family YMCA	1 YMCA Way Glasgow, KY 42141	(270) 651-9622



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>KY</b>	<b>Limestone Family YMCA</b>			
	1080 US 68 Maysville, KY (606) 564-6772	Limestone Family YMCA	1080 US 68 Maysville, KY 41056	(606) 564-6772
	<b>Paris-Bourbon County YMCA</b>			
	917 Main Street Paris, KY (859) 987-1395	Paris-Bourbon County YMCA	917 Main Street Paris, KY 40361	(859) 987-1395
	<b>Pikeville Area Family YMCA</b>			
	424 Bob Amos Dr Pikeville, KY (606) 433-9622	Pikeville Area Family YMCA	424 Bob Amos Dr Pikeville, KY 41501	(606) 433-9622
	<b>YMCA of Central Kentucky</b>			
239 East High St Lexington, KY (859) 254-9622	C. M. Gatton Beaumont YMCA	3251 Beaumont Centre Circle Lexington, KY 40513	(859) 254-9622	
<b>YMCA of Greater Louisville</b>				
545 South 2nd Street Louisville, KY (502) 587-9622	Oldham County Family Branch YMCA	20 Quality Place Buckner, KY 40010	(502) 587-9622	
<b>YMCA of Owensboro/Daviess County</b>				
900 Kentucky Pkwy Owensboro, KY (270) 926-9622	YMCA of Owensboro/Daviess County	900 Kentucky Pkwy Owensboro, KY 42301	(270) 926-9622	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>LA</b>	<b>YMCA of the Capital Area</b> 350 S. Foster Drive Baton Rouge, LA (225) 923-0653	AC Lewis Branch	350 South Foster Drive Baton Rouge, LA 70806	(225) 923-0653
		Dow Westside Family YMCA	3688 Sugar Plantation Parkway Addis, LA 70710	(225) 923-0653
		Exxon Mobil YMCA	7717 Howell Blvd. Baton Rouge, LA 70807	(225) 923-0653
		Southside YMCA	8482 Perkins Road Baton Rouge, LA 70810	(225) 923-0653
<b>MA</b>	<b>Attleboro YMCA</b> 63 N Main St Attleboro, MA (508) 222-7422	Pleasant Street Branch	537 Pleasant St Attleboro, MA 02703	(508) 222-7422
		YMCA of Attleboro	63 N Main St Attleboro, MA 02703	(508) 222-7422
	<b>Greenfield YMCA</b> 451 Main St Greenfield, MA (413) 773-3646	Bernardston Senior Center	38 Church Street Bernardston, MA 01337	(413) 773-3646
		Greenfield YMCA	451 Main St Greenfield, MA 01301	(413) 773-3646
	<b>Hampshire Regional YMCA</b> 286 Prospect St Northampton, MA (413) 584-7086	Hampshire Regional YMCA	286 Prospect St Northampton, MA 01060	(413) 584-7086
	<b>Hockomock Area YMCA</b> 300 Elmwood St North Attleboro, MA (508) 695-7001	Millis Council on Aging	900 Main Street Millis, MA 02054	(508) 695-7001





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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>			
<b>MA</b>	<b>Malden YMCA</b>				
	99 Dartmouth Street Malden, MA (781) 324-7680	CHA Malden	195 Canal St. Suite 101 Malden, MA 02148	(781) 324-7680	
		Everett Community Family	106 Wyllis Ave Everett, MA 02149	(781) 324-7680	
		Malden YMCA	99 Dartmouth St. Malden, MA 02148	(781) 324-7680	
		Medford Housing Authority	121 Riverside Avenue Medford, MA 02155	(781) 324-7680	
		<b>Merrimack Valley YMCA Inc.</b>			
	101 Amesbury St Lawrence, MA (978) 725-6681	Andover/North Andover Branch YMCA	165 Haverhill Street Andover, MA 01810	(978) 725-6681	
		<b>MetroWest YMCA Inc.</b>			
	280 Old Connecticut Path Framingham, MA (508) 879-4420	MetroWest YMCA Inc.	280 Old Connecticut Path Framingham, MA 01701	(508) 879-4420	
		<b>Old Colony YMCA</b>			
	320 Main St. Brockton, MA (508) 583-2155	East Bridgewater Division	635 Plymouth St E. Bridgewater, MA 02333	(508) 583-2155	
		Frothingham Division	25 Elm Street North Easton, MA 02356	(508) 583-2155	
		Middleboro Division	61 E Grove St Middleboro, MA 02346	(508) 583-2155	
		Striar YMCA	445 Central St Stoughton, MA 02072	(508) 583-2155	
		Taunton Division	71 Cohannet St Taunton, MA 02780	(508) 583-2155	



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<b>MA</b>	<b>South Shore YMCA</b>			
	79 Coddington St Quincy, MA (617) 479-8500	South Shore Quincy Branch	79 Coddington St Quincy, MA 02169	(617) 479-8500
	<b>YMCA Cape Cod</b>			
	2245 Rte 132 West Barnstable, MA (508) 362-6500	YMCA Cape Cod	2245 Rte 132 West Barnstable, MA 02668	(508) 362-6500
	<b>YMCA of Central Massachusetts</b>			
	766 Main St Worcester, MA (508) 755-6101	Boroughs Branch	4 Valente Dr Westborough, MA 01581	(508) 755-6101
	<b>YMCA of Greater Boston</b>			
	316 Huntington Avenue Boston, MA (617) 927-8199	Central Branch	316 Huntington Ave Boston, MA 02115	(617) 927-8199
	<b>YMCA of Metro North, Inc.</b>			
	20 Neptune Blvd Lynn, MA (781) 581-3105	Torigian Family YMCA	259 Lynnfield St Peabody, MA 01960	(781) 581-3105
<b>YMCA of the North Shore</b>				
245 Cabot St Beverly, MA (978) 922-0990	Cape Ann YMCA	71 Middle St Gloucester, MA 01930	(978) 922-0990	
	Lester O. Sterling Branch YMCA	254 Essex St Beverly, MA 01915	(978) 922-0990	
	Salem Council on Aging	5 Broad Street Salem, MA 01970	(978) 922-0990	



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<b>MA</b>	<b>YMCA Southcoast</b> 18 S. Water St. New Bedford, MA (508) 996-9622	New Bedford YMCA	25 So. Water St. New Bedford, MA 02740	(508) 996-9622
		YMCA of Greater Fall River	199 No. Main Street Fall River, MA 02720	(508) 996-9622
<b>MD</b>	<b>Baltimore County Department of Aging</b> 611 Central Avenue Towson, MD (410) 887-3484	Arbutus Senior Center, BCDA	855A Sulphur Spring Road Arbutus, MD 21227	(410) 887-3484
		Bykota Senior Center	611 Central Avenue Towson, MD 21204	(410) 887-3484
		Parkville Senior Center	8601 Harford Road Baltimore, MD 21234	(410) 887-3484
		Seven Oaks Senior Center	9210 Seven Courts Drive Baltimore, MD 21236	(410) 887-3484
	<b>Dorchester County Family YMCA</b> 201 Talbot Ave. Cambridge, MD (410) 221-0505	Dorchester County Family YMCA	201 Talbot Ave Cambridge, MD 21613	(410) 221-0505



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<b>MD</b>	<b>MAC, Inc.</b>			
	909 Progress Circle Suite 100 Salisbury, MD (410) 742-0505 x136	Amy Lynn Ferris	200 Schaubert Road Chestertown, MD 21620	(410) 742-0505 x136
		Federalsburg Senior Center	118 N. Main Street Federalsburg, MD 21632	(410) 742-0505 x136
		Grasonville Senior Center	4802 Main Street, P.O. Box 147 Grasonville, MD 21638	(410) 742-0505 x136
		Mac, Inc.	909 Progress Circle Suite 100 Salisbury, MD 21804	(410) 742-0505 x136
		Percy Thomas (Kent Island) Senior Center	891 Love Point Rd Stevensville, MD 21666	(410) 742-0505 x136
		Talbot Senior Center	400 Brookletts Avenue Easton, MD 21601	(410) 742-0505 x136
		<b>St. Mary's County Department of Aging</b>		
	41780 Baldrige St. Leonardtown, MD (301) 475-4200 ext. 1062	Garvey Senior Center	41780 Baldrige Street P.O. Box 653 Leonardtown, MD 20650	(301) 475-4200 ext. 1062
		Loffler Senior Center	21905 Chancellors Run Rd Great Mills, MD 20634	(301) 475-4200 ext. 1062
		Northern Senior Center	29655 Charlotte Hall Rd Charlotte Hall, MD 20622	(301) 475-4200 ext. 1062
		<b>YMCA of Frederick County MD Inc.</b>		
	1000 N. Market Street Frederick, MD (301) 663-5131	Green Valley Branch	11791 Fingerboard Rd Monrovia, MD 21770	(301) 663-5131
		YMCA of Frederick County MD Inc.	1000 N. Market Street Frederick, MD 21701	(301) 663-5131



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<b>ME</b>	<b>Kennebec Valley YMCA</b> 31 Union Street Augusta, ME (207) 622-9622	Kennebec Valley YMCA	31 Union Street Augusta, ME 04330	(207) 622-9622	
		Kennebec Valley YMCA Manchester Campus	40 Granite Hill Rd Manchester, ME 04351	(207) 622-9622	
		<b>Spectrum Generations</b>			
	One Weston Court Suite 203 Augusta, ME (800) 639-1553	Damariscotta	521 Main Street, Suite 8 Damariscotta, ME 04543	(800) 639-1553	
		EAAA Annex	1129 Union Street, Suite 30 Bangor, ME 04401	(800) 639-1553	
	<b>YMCA of Greater Waterville</b>				
	126 North St. Waterville, ME (207) 873-0684	YMCA of Greater Waterville	126 North St Waterville, ME 04901	(207) 873-0684	
	<b>MI</b>	<b>Area Agency on Aging of Western Michigan (AAAWM)</b> 1279 Cedar NE Grand Rapids, MI (616) 222-7026	Area Agency on Aging of Western Michigan (AAAWM)	3215 Eaglecrest Drive Grand Rapids, MI 49525	(616) 222-7026
			Evergreen Commons	480 State Street Holland, MI 49423	(616) 222-7026
Ionia County Commission on Aging			115 Hudson St. Ionia, MI 48846	(616) 222-7026	
Mecosta County Senior Center			12954 80th Ave Mecosta, MI 49332	(616) 222-7026	
Salvation Army			1235 Fulton Street Grand Rapids, MI 49503	(616) 222-7026	
St. Bartholomew Church			599 W. Brooks Newago, MI 49337	(616) 222-7026	



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<b>MI</b>	<b>Bay Area Family YMCA</b>			
	225 Washington Avenue Bay City, MI (989) 895-8596	Bay Area Family YMCA	225 Washington Avenue Bay City, MI 48708	(989) 895-8596
	<b>Benton Harbor-St. Joseph YMCA</b>			
	3665 Hollywood Rd Saint Joseph, MI (269) 428-9622	Benton Harbor-St. Joseph YMCA	3665 Hollywood Rd Saint Joseph, MI 49085	(269) 428-9622
	<b>Detroit Area Agency on Aging 1A</b>			
	1333 Brewery Park Detroit, MI (313) 446-4444	Association of Chinese Americans-Detroit Center	4750 Woodward Ave Detroit, MI 48201	(313) 446-4444
		AWBS Wellness Center	13130 Woodward Avenue Highland, MI 48203	(313) 446-4444
		Caring Hearts Home Care Inc.	14955 Greenfield Detroit, MI 48227	(313) 446-4444
		Comstock Day Program	66 Lothrop Rd. Detroit, MI 48202	(313) 446-4444
		Delray United Action Council	275 West Grand Blvd Detroit, MI 48216	(313) 446-4444
		Detroit Area Agency on Aging	1333 Brewery Park Blvd, Suite 200 Detroit, MI 48207	(313) 446-4444
	Farwell Recreation Center	2711 East Outer Dr. Detroit, MI 48234	(313) 446-4444	
	Franklin Wright Settlement	3360 Charlevoix Detroit, MI 48207	(313) 446-4444	
	L & L Adult Day Care	1485 E. Outer Drive Detroit, MI 48234	(313) 446-4444	
	LA SED, Inc.	7150 W. Vernor Highway Detroit, MI 48209	(313) 446-4444	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>MI</b>	<b>Detroit Area Agency on Aging 1A</b>			
	1333 Brewery Park Detroit, MI (313) 446-4444	Northwest Activities Center -- NSO	18100 Meyers Rd Detroit, MI 48235	(313) 446-4444
		Patton Recreation Center	2301 Woodmere Detroit, MI 48209	(313) 446-4444
		Peoples Community Services - Mayson Hamtramck Comm Ctr.	8625 Joseph Campau Ave. Hamtramck, MI 48212	(313) 446-4444
		Services for Older Citizens	158 Ridge Road Grosse Pointe Farms, MI 48236	(313) 446-4444
		St. Patrick Senior Center	58 Parsons Detroit, MI 48201	(313) 446-4444
		Williams Recreation Center	8431 Rosa Parks Blvd. Detroit, MI 48206	(313) 446-4444
		<b>Grand Traverse Bay YMCA</b>		
	3000 Racquet Club Dr Traverse City, MI (231) 933-9622	Grand Traverse Bay YMCA	3000 Racquet Club Dr Traverse City, MI 49684	(231) 933-9622
		<b>Heritage Community of Kalamazoo</b>		
	2400 Portage Street Kalamazoo, MI (269) 382-1255	Heritage Community of Kalamazoo	2400 Portage St Kalamazoo, MI 49001	(269) 382-1255
		<b>Jackson YMCA Center Inc.</b>		
	127 W Wesley St. Jackson, MI (517) 782-0537	Jackson YMCA - Summit Branch	2151 Ferguson Rd Jackson, MI 49203	(517) 782-0537
		<b>Monroe Family YMCA</b>		
	1111 W Elm Ave Monroe, MI (734) 241-2606	Frenchtown Senior Center	2786 Vivian Rd. Monroe, MI 48162	(734) 241-2606



## EnhanceFitness Affiliates and Sites by State

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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>MI</b>	<b>Monroe Family YMCA</b>			
	1111 W Elm Ave Monroe, MI (734) 241-2606	Monroe Center for Healthy Aging	15275 South Dixie Highway Monroe, MI 48161	(734) 241-2606
		Monroe Family YMCA	1111 W Elm Ave Monroe, MI 48162	(734) 241-2606
		Monroe Housing Commission	20 North Roessler Street Monroe, MI 48162	(734) 241-2606
	<b>Muskegon Family YMCA</b>			
	900 W Western Ave Muskegon, MI (231) 722-9322	Muskegon Family YMCA	900 W Western Ave Muskegon, MI 49441	(231) 722-9322
	<b>National Kidney Foundation of MI</b>			
	1169 Oak Valley Drive Ann Arbor, MI (734) 222-9800	Adams Butzel Recreation Center	10500 Lyndon Detroit, MI 48238	(734) 222-9800
		American Indian Services	1110 Southfield Rd Lincoln Park, MI 48146	(734) 222-9800
		Ascension Medical Center	1225 S Latson Rd Howell, MI 48843	(734) 222-9800
		Baxter Community Center	935 Baxter St. SE Grand Rapids, MI 49506	(734) 222-9800
		Beech Woods Recreation Center	22200 Beech Rd Southfield, MI 48034	(734) 222-9800
		Carriage Town Ministries	605 Garland Street Flint, MI 48503	(734) 222-9800
	Chelsea Senior Citizens Activities Center	512 E. Washington St Chelsea, MI 48118	(734) 222-9800	
	Conner Creek	4777 E. Outer Drive Detroit, MI 48234	(734) 222-9800	
	Crowell Recreation Center	16630 Lahser Drive Detroit, MI 48219	(734) 222-9800	





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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>
<b>MI</b>	<b>National Kidney Foundation of MI</b>  1169 Oak Valley Drive Ann Arbor, MI (734) 222-9800	Dozier Recreation Complex 2025 Middlebelt Inkster, MI 48141 (734) 222-9800
		Ecorse Senior Center 4072 W. Jefferson Ave Ecorse, MI 48229 (734) 222-9800
		Flint Farmer's Market 300 E. 1st Street Flint, MI 48502 (734) 222-9800
		Freedom Works Opportunities of Genesee County 4100 Commerce Drive Flushing, MI 48433 (734) 222-9800
		Gethsemane Missionary Baptist Church 29066 Eton Westland, MI 48286 (734) 222-9800
		Goodwill Industries of Greater Detroit 3111 Grand River Ave Detroit, MI 48208 (734) 222-9800
		Hartland Senior Center 9525 Highland Road Howell, MI 48116 (734) 222-9800
		Hasselbring Community Center 1002 W. Home Flint, MI 48506 (734) 222-9800
		Howell First United Methodist Church 1230 Bower St. Howell, MI 48843 (734) 222-9800
		Joe Ellison Center (JEC) 18900 Joy Road Detroit, MI 48228 (734) 222-9800
		Marine City High School Auxiliary Gym 1085 Ward St Marine City, MI 48039 (734) 222-9800
		Milan Seniors for Healthy Living 45 Neckel Ct Milan, MI 48160 (734) 222-9800
		Oak Park Community Center 14300 Oak Park Blvd. Oak Park, MI 48237 (734) 222-9800
		Pearl Wright Senior Center 2nd Floor Grant School, 21131 Garden Ln. Ferndale, MI 48220 (734) 222-9800
		St. John Providence Wellness Center 15990 W Nine Mile Rd Southfield, MI 48075 (734) 222-9800



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>			
<b>MI</b>	<b>National Kidney Foundation of MI</b>  1169 Oak Valley Drive Ann Arbor, MI (734) 222-9800	St. John Riverview	7633 E. Jefferson Ave. Ste. 170 Detroit, MI 48214	(734) 222-9800	
		St. Joseph Parish	830 S. Lafayette South Lyon, MI 48178	(734) 222-9800	
		St. Patrick's Catholic Church	711 Rickett Rd Brighton, MI 48116	(734) 222-9800	
		Turner Senior Resource Center	2401 Plymouth Rd, Ste C Ann Arbor, MI 48105	(734) 222-9800	
		Ypsilanti Township Recreation Department	2025 E. Clark Rd Ypsilanti, MI 48198	(734) 222-9800	
	<b>Peoples Community Services/Wayne Metro Community Action Agency</b>	c/o The Matrix Center 13560 E McNichols Detroit, MI (313) 554-3111	The Matrix Center	13560 E McNichols Detroit, MI 48205	(313) 554-3111
	<b>Portage Senior Center</b>	320 Library Lane Portage, MI (269) 329-4555	Portage Senior Center	320 Library Lane Portage, MI 49002	(269) 329-4555
	<b>Senior Neighbors Inc</b>	678 Front Ave NW Suite 205 Grand Rapids, MI (616) 459-6019	Faith United Methodist Church	2600 7th Street Grand Rapids, MI 49504	(616) 459-6019
			Garfield Park Gym	2111 Madison Ave. Grand Rapids, MI 49507	(616) 459-6019
			Grandville Senior Center	3380 Division SW Grandville, MI 49418	(616) 459-6019
			Greenridge Elementary	3825 Oakridge Ave. Comstock Park, MI 49321	(616) 459-6019



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>MI</b>	<b>Senior Neighbors Inc</b>	Metro Health-Kentwood Parks and Recreation	2215 44th St. Wyoming, MI 49519	(616) 459-6019
	678 Front Ave NW Suite 205 Grand Rapids, MI (616) 459-6019	Rockford Community Education	350 N. Main Street Rockford, MI 49341	(616) 459-6019
		Rush Creek Bible Church	2334 76th St. SW Byron Center, MI 49315	(616) 459-6019
	<b>South County Community Services (Vicksburg)</b>			
	101 South Main Street Vicksburg, MI (269) 649-2901	South County Community Services (Vicksburg)	101 South Main Street Vicksburg, MI 49097	(269) 649-2901
	<b>Tri-Cities Family YMCA</b>			
	1 Y Drive Grand Haven, MI (616) 842-7051	Tri-Cities Family YMCA	1 Y Drive Grand Haven, MI 49417	(616) 842-7051
	<b>Tri-County Office on Aging</b>			
	5303 South Cedar Street Lansing, MI (517) 887-1440	All've	800 W. Lawrence Ave Charlotte, MI 48813	(517) 887-1440
	<b>YMCA of Barry County</b>			
PO Box 252, 2055 Iroquois Trail Hastings, MI (269) 945-4574	YMCA of Barry County	2055 Iroquois Trail Hastings, MI 49058	(269) 945-4574	
<b>YMCA of Greater Grand Rapids</b>				
475 Lake Michigan Drive NW Grand Rapids, MI (616) 855-9600	Visser Family YMCA	3540 Fairlanes Ave SW Grandville, MI 49418	(616) 855-9600	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>MI</b>	<b>YMCA of Lenawee County</b>			
	638 W Maumee St. Adrian, MI (517) 263-2151	YMCA of Lenawee County	638 W Maumee St Adrian, MI 49221	(517) 263-2151
	<b>YMCA of Marquette County</b>			
	1420 Pine Street Marquette, MI (906) 227-9622	Negaunee YMCA	205 Iron Street Negaunee, MI 49866	(906) 227-9622
		YMCA of Marquette County	1420 Pine Street Marquette, MI 49855	(906) 227-9622
	<b>YMCA of Metropolitan Detroit</b>			
	1401 Broadway Detroit, MI (734) 230-1842	Lakeshore Family YMCA	23401 E Jefferson Ave St. Clair Shores, MI 48080	(734) 230-1842
		Livonia Family YMCA	14255 Stark Rd Livonia, MI 48154	(734) 230-1842
		Mount Clemens Community Center	300 N. Grosebeck Hwy. Mount Clemens, MI 48043	(734) 230-1842
		North Oakland Family YMCA	3378 E Walton Blvd Auburn Hills, MI 48326	(734) 230-1842
		Paul United Church of Christ	24136 Goddard Rd. Taylor, MI 48180	(734) 230-1842
		Perfecting Church	7616 East Navada Detroit, MI 48234	(734) 230-1842
		South Oakland Family YMCA	1016 W 11 Mile Rd Royal Oak, MI 48067	(734) 230-1842
		Whittier Park Manor	415 Burns Detroit, MI 48214	(734) 230-1842
		William & Marie Carls Family YMCA	300 Family Dr Milford, MI 48381	(734) 230-1842



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<b>MI</b>	<b>YMCA of Metropolitan Lansing</b>  119 N. Washington Sq. Lansing, MI (413) 484-6464	DeWitt YMCA	13161 Schavey Rd DeWitt, MI 48820	(413) 484-6464	
		Eaton Rapids Senior Center	201 Grant Eaton Rapids, MI 48827	(413) 484-6464	
		Foster Community Center	200 N. Foster Lansing, MI 48912	(413) 484-6464	
		Mt Hope United Methodist Church	501 E. Mount Hope Lansing, MI 48910	(413) 484-6464	
		Oak Park YMCA	900 Long Blvd. Lansing, MI 48911	(413) 484-6464	
		Sam Corey (Holt) Senior Center	2108 Cedar St. Holt, MI 48842	(413) 484-6464	
		Suntree Apartments	1100 Sunview Dr St Johns, MI 48879	(413) 484-6464	
		Sycamore Village	900 West Columbia Road Mason, MI 48854	(413) 484-6464	
		Union Missionary Baptist Church	500 S. Martin Luther King Blvd. Lansing, MI 48915	(413) 484-6464	
		University Lutheran Church	1040 S. Harrison Rd East Lansing, MI 48823	(413) 484-6464	
		Westside YMCA	3700 Old Lansing Rd. Lansing, MI 48917	(413) 484-6464	
		Williamston Area Senior Center	201 School Street Williamston, MI 48895	(413) 484-6464	
		<b>MI</b>	<b>YMCA of Saginaw</b>  1915 Fordney Street Saginaw, MI (989) 753-7721	Bavarian Comfort Care	5366 W Rolling Hills Dr Bridgeport, MI 48722
New Hope Valley	3785 N Center Rd Saginaw, MI 48603			(989) 753-7721	
St. Mary's Center of Hope	723 Emerson St Saginaw, MI 48607			(989) 753-7721	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>MI</b>	<b>YMCA of the Blue Water Area</b>			
	1525 Third Street Port Huron, MI (810) 987-6400	St Clair First United Methodist Church	415 North 3rd Street St Clair, MI 48079	(810) 987-6400
		YMCA of the Blue Water Area	1525 Third Street Port Huron, MI 48060	(810) 987-6400
<b>MN</b>	<b>CommonBond Communities</b>			
	1080 Montreal Ave St. Paul, MN (651) 290-6241	Oak Ridge Manor	1199 Bahls Drive Hastings, MN 55033	(651) 290-6241
		Shingle Creek Commons	4600 Humboldt Ave. N Minneapolis, MN 55412	(651) 290-6241
	<b>Independent School District 622 Gladstone Senior Program</b>			
	1945 Manton Street Maplewood, MN (651) 748-7252	Gladstone Community Center	1945 Manton St. Maplewood, MN 55109	(651) 748-7252
	<b>Rochester Area Family YMCA</b>			
	709 1st Ave SW Rochester, MN (507) 287-2260	Rochester Area Family YMCA	709 1st Ave SW Rochester, MN 55902	(507) 287-2260
<b>St. Louis Park Senior Program</b>				
6715 Minnetonka Blvd St. Louis Park, MN (952) 928-6418	Lenox Community Center	6715 Minnetonka Blvd St Louis Park, MN 55428	(952) 928-6418	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>MN</b>	<b>VINE Faith in Action</b> 421 East Hickory Street Mankato, MN (507) 387-1666	Orness Plaza	900 Hope Street Mankato, MN 56001	(507) 387-1666
		St Peter Senior Center	600 South Fifth Street St Peter, MN 56082	(507) 387-1666
		VINE Adult Community Center fka Summit Center	518 South 5th Street Mankato, MN 56001	(507) 387-1666
	<b>Whitney Senior Center</b> 1527 Northway Drive St. Cloud, MN (320) 255-7245	Whitney Senior Center	1527 Northway Drive St. Cloud, MN 56303	(320) 255-7245
		Whitney Without Walls (Mobile Class)	c/o Whitney Senior Center, 1527 Northway Drive St. Cloud, MN 56303	(320) 255-7245
<b>MO</b>	<b>Care Connection for Aging Services</b> 106 W. Young, PO Box 1078 Warrensburg, MO (660) 747-3107	Butler Senior Center	611 W Mill St Butler, MO 64730	(660) 747-3107
		Clinton Senior Center	970 East Sedalia Clinton, MO 64735	(660) 747-3107
		Cole Camp Senior Center	P.O. Box 87 Cole Camp, MO 65325	(660) 747-3107
		Margaret Gray - Lexington Senior Center	811 C South Highway 13 Lexington, MO 64067	(660) 747-3107
		St. Clair Senior Center	120 Pine PO Box 424 Osceola, MO 64776	(660) 747-3107



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>MO</b>	<b>YMCA of Greater Kansas City</b> 3100 Broadway St Ste 1020 Kansas City, MO (816) 561-9622	Bonner Springs Family YMCA	2251 S 138th Street Bonner Springs, KS 66012	(816) 561-9622
		Cleaver Family YMCA	7000 Troost Ave Kansas City, MO 64131	(816) 561-9622
		Linwood YMCA	3800 E Linwood Blvd Kansas City, MO 64128	(816) 561-9622
		North Kansas City YMCA	1999 Iron Street North KansasCity, MO 64116	(816) 561-9622
		Olathe Family YMCA	21400 W 153rd St Olathe, KS 66061	(816) 561-9622
		Platte County Community Center South	8875 Clark Ave Parkville, MO 64152	(816) 561-9622
		Providence YMCA/Ball Family Center	8601 Parallel Pkwy Kansas City, KS 66109	(816) 561-9622
	<b>YMCA of Greater St. Louis</b> 1528 Locust Street St. Louis, MO (314) 436-1177	Edward Jones Family Branch YMCA	12521 Marine Ave St. Louis, MO 63146	(314) 436-1177
		O'Fallon Family YMCA	3451 Pheasant Meadows Dr O'Fallon, MO 63368	(314) 436-1177
	<b>MS</b>	<b>Mississippi Gulf Coast YMCA</b> 1810 Government St Ocean Springs, MS (228) 875-5050	Mississippi Gulf Coast YMCA	1810 Government St Ocean Springs, MS 39564
<b>MT</b>	<b>Billings Family YMCA</b> 402 N 32nd St Billings, MT (406) 248-1685	Billings Family YMCA	402 N 32nd St Billings, MT 59101	(406) 248-1685





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<b>MT</b>	<b>Southwestern Montana Family YMCA, Inc</b>			
	75 Swenson Way Dillon, MT (406) 683-9622	Southwestern Montana Family YMCA	75 Swenson Way Dillon, MT 59725	(406) 683-9622
	<b>YMCA of Helena Inc.</b>			
	1200 N Last Chance Gulch St Helena, MT (406) 442-9622	YMCA of Helena Inc.	1200 N Last Chance Gulch St Helena, MT 59601	(406) 442-9622
<b>NC</b>	<b>Cleveland County Family YMCA</b>			
	411 Cherryville Rd, PO Box 2272 Shelby, NC (704) 484-9622	Boiling Springs YMCA	1322 Patrick Avenue Shelby, NC 28152	(704) 484-9622
		Dover Foundation YMCA	411 Cherryville Rd Shelby, NC 28150	(704) 484-9622
	<b>Williams YMCA of Avery County</b>			
	436 Hospital Drive Linville, NC (828) 737-5500	Williams YMCA of Avery County	436 Hospital Drive Linville, NC 28646	(828) 737-5500
	<b>YMCA of Western North Carolina</b>			
	53 Asheland Avenue Asheville, NC (828) 251-5909	Corpening Memorial YMCA	348 Grace Corpening Drive Marion, NC 28752	(828) 251-5909
		Reuter Family Branch YMCA	3 Town Square Boulevard Asheville, NC 28803	(828) 251-5909
	YMCA of Western North Carolina Inc.	53 Asheland Avenue Asheville, NC 28801	(828) 251-5909	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>NE</b>	<b>Norm Waitt Sr. YMCA</b>			
	601 Riverview Dr South Sioux City, NE (402) 404-8439	Norm Waitt Sr. YMCA	601 Riverview Dr South Sioux City, NE 68776	(402) 404-8439
		Senior Center for Active Generations	313 Cook Street Sioux City, IA 51103	(402) 404-8439
	<b>YMCA of Lincoln Nebraska</b>			
	570 Fallbrook Blvd, Suite 210 Lincoln, NE (402) 434-9205	Fallbrook YMCA	700 Penrose Dr. Ste B Lincoln, NE 68521	(402) 434-9205
		Northeast Branch YMCA	2601 N 70th St Lincoln, NE 68507	(402) 434-9205
<b>NJ</b>	<b>Madison Area YMCA</b>			
	111 Kings Road Madison, NJ (973) 822-9622	Madison Area YMCA	111 Kings Road Madison, NJ 07940	(973) 822-9622
	<b>Metropolitan YMCA of the Oranges</b>			
	139 E McClellan Ave Livingston, NJ (973) 758-9622	Sussex County Branch YMCA	15 Wits End Rd Hardyston, NJ 07419	(973) 758-9622
	<b>Somerset County YMCA</b>			
	2 Green St Somerville, NJ (908) 722-4567	Hillsborough Family YMCA	19 East Mountain Rd Hillsborough, NJ 08844	(908) 722-4567



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>NJ</b>	<b>The Gateway Family YMCA</b>			
	144 Madison Avenue Elizabeth, NJ (908) 249-4800	Elizabeth Branch YMCA	135 Madison Avenue Elizabeth, NJ 07201	(908) 249-4800
		Five Points Branch YMCA	201 Tucker Avenue Union, NJ 07083	(908) 249-4800
		Wellness Center Branch	1000 Galloping Hill Rd Union, NJ 07083	(908) 249-4800
		<b>The YMCA of Burlington and Camden Co.</b>		
	59 Centerton Rd Mt. Laurel, NJ (856) 234-6200	Riverfront Branch YMCA	302 Commerce Sq Blvd Burlington City, NJ 08016	(856) 234-6200
		<b>YMCA of Fanwood - Scotch Plains</b>		
	1340 Martine Avenue Scotch Plains, NJ (908) 889-8880	YMCA of Fanwood - Scotch Plains	1340 Martine Avenue Scotch Plains, NJ 07076	(908) 889-8880
		<b>YMCA of Metuchen</b>		
	483 Middlesex Ave. Metuchen, NJ (732) 516-9200	Edison Branch YMCA	1775 Oak Tree Rd Edison, NJ 08820	(732) 516-9200
		South Amboy Branch YMCA	200 John T. O'Leary Blvd. South Amboy, NJ 08879	(732) 516-9200
		<b>YMCA of Summit NJ</b>		
	490 Morris Avenue Summit, NJ (908) 273-4270	Berkeley Heights Branch YMCA	550 Springfield Ave Berkeley Heights, NJ 07922	(908) 273-4270
		Summit Branch YMCA	67 Maple Street Summit, NJ 07901	(908) 273-4270
<b>NM</b>				



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>	
<b>NM</b>	New Mexico Senior Olympics, Inc. P.O. Box 2690 Roswell, NM (505) 623-5777	Cibola Senior Citizens Center	550 Jurassic Court Grants, NM 87020 (505) 623-5777
		City of Clovis Wellness Center	1700 E 7th. St Clovis, NM 88102 (505) 623-5777
		Daniel Fernandez Youth Center & Memorial Park	1103 Hwy 314 Los Lunas, NM 87031 (505) 623-5777
		Extreme Fitness	301 E. Reinken Belen, NM 87002 (505) 623-5777
		Los Padillas Community Center	2117 Los Padillas Rd. SW Albuquerque, NM 87105 (505) 623-5777
		Los Volcanes Senior Center	6500 Los Volcanes NW Albuquerque, NM 87121 (505) 623-5777
		Mary Esther Gonzales Senior Center	1121 Alto Street Santa Fe, NM 87504 (505) 623-5777
		Meadowlark Senior Center	4330 Meadowlark Lane Rio Rancho, NM 87124 (505) 623-5777
		Munson Senior Center	975 S Mesquite St. Las Cruces, NM 88001 (505) 623-5777
		North Domingo Baca Multigenerational Center	7521 Carnel St. NE Albuquerque, NM 87113 (505) 623-5777
		North Valley Senior Center	3825 Fourth Street NW Albuquerque, NM 87107 (505) 623-5777
		Northside Senior Citizens Center	607 North 4th Street Gallup, NM 87301 (505) 623-5777
		Placitas Community Center	41 Camino De Las Huertas Placitas, NM 87043 (505) 623-5777
		Pueblo of Isleta Recreation Center	Tribal Rd. 40 Bldg. 60 P.O. Box 808 Isleta, NM 87022 (505) 623-5777
		Pueblo of Zuni Wellness & Senior Center	P.O. Box 339, 1386A Hwy 53 Zuni, NM 87327 (505) 623-5777
Ruidoso Community Center	501 Sudderth DR. #A Ruidoso, NM 88345 (505) 623-5777		



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<b>NM</b>	<b>New Mexico Senior Olympics, Inc.</b> P.O. Box 2690 Roswell, NM (505) 623-5777	Sage Cafe	6121 Reynolds Drive Las Cruces, NM 88011	(505) 623-5777
		The Joy Center	1822 N. Montana Ave. Roswell, NM 88201	(505) 623-5777
<b>NV</b>	<b>Dignity Health St. Rose Dominican</b> 2651 Paseo Verde Pkwy Ste 180 Henderson, NV (702) 616-4903	Green Valley Center	2651 Paseo Verde Pkwy, Ste 180 Henderson, NV 89074	(702) 616-4903
		Henderson Center	98 E Lake Mead, Ste 301 Henderson, NV 89015	(702) 616-4903
		Heritage Park Senior Facility	300 S Racetrack Rd Henderson, NV 89015	(702) 616-4903
		West Center	7220 S Cimarron Rd Las Vegas, NV 89113	(702) 616-4903
<b>NY</b>	<b>Auburn YMCA-WEIU</b> 27 William St Auburn, NY (315) 253-5304	Auburn YMCA-WEIU	27 William St Auburn, NY 13021	(315) 253-5304
		Skaneateles YMCA and Community Center	97 State St Skaneateles, NY 13152	(315) 253-5304
	<b>Clinton County Office for the Aging (NY)</b> 135 Margaret Street, Suite 105 Plattsburgh, NY (518) 565-4620	Plattsburgh YMCA	17 Oak Street Plattsburgh, NY 12901	(518) 565-4620



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>NY</b>	<b>Greater Syracuse YMCA</b>			
	340 Montgomery St Syracuse, NY (315) 474-0784	East Area Branch YMCA	200 Towne Dr Fayetteville, NY 13066	(315) 474-0784
		Greater Syracuse YMCA	340 Montgomery St Syracuse, NY 13202	(315) 474-0784
		Northwest Family YMCA	8040 River Road Baldwinsville, NY 13027	(315) 474-0784
	<b>Lifelong</b>			
	119 West Court Street Ithaca, NY (607) 273-1511	Juniper Manor Apartments	24 Elm Street Trumansburg, NY 14886	(607) 273-1511
		McGraw House	221 S Geneva St Ithaca, NY 14850	(607) 273-1511
	<b>Olean-Bradford Area YMCA</b>			
	1020 Reed Street Olean, NY (716) 373-2400	Olean-Bradford Area YMCA	1020 Reed Street Olean, NY 14760	(716) 373-2400
		Wellsville Family YMCA	470 N. Main St. Wellsville, NY 14895	(716) 373-2400
	<b>Rockland County YMCA</b>			
	35 S Broadway Nyack, NY (845) 358-0245	Dominican Convent	175 NY-340 Sparkill, NY 10976	(845) 358-0245
		Nyack Senior Center	90 Depew Ave Nyack, NY 10960	(845) 358-0245
		Rockland County YMCA	35 S Broadway Nyack, NY 10960	(845) 358-0245
	<b>Watertown Family YMCA</b>			
	119 Washington Street Watertown, NY (315) 782-3100	Watertown Family YMCA	119 Washington Street Watertown, NY 13601	(315) 782-3100



## EnhanceFitness Affiliates and Sites by State

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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>NY</b>	<b>YMCA Buffalo Niagara</b>			
	301 Cayuga Rd Suite 100 Buffalo, NY (716) 565-6000	Independent Health Family Branch YMCA	150 Tech Drive Amherst, NY 14228	(716) 565-6000
		Ken-Ton Family Branch YMCA	535 Belmont Ave Kenmore, NY 14223	(716) 565-6000
		Southtowns Family Branch YMCA	1620 Southwestern Blvd West Seneca, NY 14224	(716) 565-6000
	<b>YMCA of Broome County</b>			
	61 Susquehanna St Binghamton, NY (607) 772-8984	West Branch YMCA	740 Main St Johnson City, NY 13790	(607) 772-8984
	<b>YMCA of Capital District</b>			
	465 New Karner Road, 2nd Floor Albany, NY (518) 869-3500	Greater Glenville YMCA	127 Droms Road Scotia, NY 12302	(518) 869-3500
		Greene County YMCA	RT 9 W West Coxsackie, NY 12192	(518) 869-3500
		Southern Saratoga County Branch YMCA	1 Wall Street Clifton Park, NY 12065	(518) 869-3500
		YMCA of Capital District	465 New Karner Road, 2nd Floor Albany, NY 12205	(518) 869-3500
	<b>YMCA of Greater Rochester</b>			
	444 East Main St Rochester, NY (585) 546-5500	Bay View Family Branch YMCA	1209 Bay Rd Webster, NY 14580	(585) 546-5500
		Chester F. Carlson Metrocenter YMCA	444 Main St E Rochester, NY 14604	(585) 546-5500
		Eastside Family YMCA	1835 Fairport Nine Mile Point Rd Penfield, NY 14526	(585) 546-5500
		Maplewood Branch YMCA	25 Driving Park Ave Rochester, NY 14613	(585) 546-5500



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<b>NY</b>	<b>YMCA of Greater Rochester</b> 444 East Main St Rochester, NY (585) 546-5500	Northwest Family Branch YMCA	730 Long Pond Rd Rochester, NY 14612	(585) 546-5500	
		Westside Family Branch YMCA	920 Elmgrove Rd Rochester, NY 14624	(585) 546-5500	
	<b>YMCA of Kingston &amp; Ulster County</b>				
	507 Broadway Kingston, NY (845) 338-3810	YMCA of Kingston & Ulster County	507 Broadway Kingston, NY 12401	(845) 338-3810	
	<b>YMCA of Long Island</b>				
	121 Dosoris Lane Glen Cove, NY (516) 674-8091	Huntington Township Branch YMCA	60 Main St Huntington, NY 11743	(516) 674-8091	
		Patchogue YMCA	255 W Main St Patchogue, NY 11772	(516) 674-8091	
		Trinity Lutheran Church	111 Nassau Avenue Islip, NY 11751	(516) 674-8091	
	<b>YMCA of Rye</b>				
	21 Locust Ave Rye, NY (914) 967-6363	Rye Brook Senior Center	32 Garibaldi Place Rye Brook, NY 10573	(914) 967-6363	
		Wainwright House	260 Stuyvestant Ave Rye, NY 10580	(914) 967-6363	
		YMCA of Rye	21 Locust Ave Rye, NY 10580	(914) 967-6363	
	<b>YMCA of the Greater Tri-Valley</b>				
	301 W. Bloomfield Street Rome, NY (315) 336-3500	Oneida Family Branch YMCA	701 Seneca St Oneida, NY 13421	(315) 336-3500	
		Rome Family Branch YMCA	301 W. Bloomfield Street Rome, NY 13440	(315) 336-3500	





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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>NY</b>	<b>YMCA of Yonkers Inc.</b> 17 Riverdale Ave Yonkers, NY (914) 963-0183	YMCA of Yonkers Inc.	17 Riverdale Ave Yonkers, NY 10701	(914) 963-0183
<b>OH</b>	<b>50 North</b> 339 East Melrose Ave Findlay, OH (419) 423-8496	50 North	339 East Melrose Ave Findlay, OH 45840	(419) 423-8496
	<b>Great Miami Valley YMCA</b> 105 N 2nd St Hamilton, OH (513) 887-0001	Booker T Washington Center YMCA	1140 S. Front Street Hamilton, OH 45011	(513) 887-0001
		East Butler County Family YMCA	6645 Morris Rd Hamilton, OH 45011	(513) 887-0001
		Hamilton Central Branch YMCA	105 N 2nd St Hamilton, OH 45011	(513) 887-0001
		Middletown Area YMCA	1020 Manchester Ave Middletown, OH 45042	(513) 887-0001
	<b>Tuscarawas County YMCA Inc.</b> 600 Monroe St Dover, OH (330) 364-5511	Tuscarawas County YMCA Inc.	600 Monroe St Dover, OH 44622	(330) 364-5511
	<b>YMCA of Central Ohio</b> 40 W Long St Columbus, OH (614) 224-1142	Delaware Community Center YMCA	1121 South Houk Rd Delaware, OH 43015	(614) 224-1142
		Eldon and Elsie Ward Family YMCA	130 Woodland Ave Columbus, OH 43203	(614) 224-1142
		Gahanna YMCA	555 YMCA Place Gahanna, OH 43230	(614) 224-1142



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<b>OH</b>	<b>YMCA of Central Ohio</b>  40 W Long St Columbus, OH (614) 224-1142	Grove City YMCA	3600 Discovery Dr Grove City, OH 43123	(614) 224-1142	
		Hilliard YMCA	4515 Cosgray Rd Hilliard, OH 43026	(614) 224-1142	
		Hilltop YMCA	2879 Valleyview Dr Columbus, OH 43204	(614) 224-1142	
		Jerry L. Garver YMCA	6767 Refugee Rd Canal Winchester, OH 43110	(614) 224-1142	
		Liberty Township/Powell YMCA	7798 Liberty Rd N Powell, OH 43065	(614) 224-1142	
		North Branch YMCA	1640 Sandalwood Pl Columbus, OH 43229	(614) 224-1142	
		Parsons Village	1854 S. Washington Ave Columbus, OH 43207	(614) 224-1142	
		WhiteHall Senior Center	4924 Etna Rd Whitehall, OH 43213	(614) 224-1142	
	<b>YMCA of East Liverpool Ohio</b>				
	15655 State Route 170, 500 E. 4th St. East Liverpool, OH (330) 385-0663	St John Arena	3151 Johnson Road Steubenville, OH 43952	(330) 385-0663	
		Toronto YMCA	1840 Franklin Street Toronto, OH 43964	(330) 385-0663	
		YMCA of East Liverpool Ohio	15655 State Route 170, 500 E. 4th St. East Liverpool, OH 43920	(330) 385-0663	
	<b>YMCA of Greater Cincinnati</b>				
	1105 Elm St Cincinnati, OH (513) 651-2100	Campbell County Branch YMCA	1437 S Fort Thomas Ave Fort Thomas, KY 41075	(513) 651-2100	
		Highland County Family YMCA	201 Diamond Dr. Hillsboro, OH 45133	(513) 651-2100	
		M.E. Lyons Family Branch YMCA	8108 Clough Pike Cincinnati, OH 45244	(513) 651-2100	



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<b>OH</b>	<b>YMCA of Greater Cincinnati</b> 1105 Elm St Cincinnati, OH (513) 651-2100	Melrose Branch YMCA	2840 Melrose Ave Cincinnati, OH 45206	(513) 651-2100
		Richard E. Lindner Family Branch YMCA	2039 Sherman Ave Cincinnati, OH 45212	(513) 651-2100
	<b>YMCA of Greater Dayton</b> 111 W 1st St Suite 207 Dayton, OH (937) 223-5201	Coffman Family YMCA	88 Remick Blvd Springboro, OH 45066	(937) 223-5201
		Kleptz YMCA	1200 W National Rd Englewood, OH 45322	(937) 223-5201
		West Carrollton YMCA	900 S Alex Rd West Carrollton, OH 45449	(937) 223-5201
	<b>YMCA of Mansfield Ohio</b> 750 Scholl Rd. Mansfield, OH (419) 522-3511	Mansfield Memorial Home	50 Blymyer Ave Mansfield, OH 44903	(419) 522-3511
		YMCA of Mansfield Ohio	750 Scholl Rd. Mansfield, OH 44907	(419) 522-3511
	<b>YMCA of Ross County</b> 100 Mill Street Chillicothe, OH (740) 772-4340	YMCA of Ross County	100 Mill Street Chillicothe, OH 45601	(740) 772-4340
	<b>YMCA of Youngstown Ohio</b> 17 N Champion St Youngstown, OH (330) 744-8411	DD & Velma Davis Family YMCA	45 McClurg Rd Boardman, OH 44512	(330) 744-8411



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>OK</b>	<b>Grand Gateway Area Agency on Aging</b>			
	P.O. Drawer B Big Cabin, OK (918) 783-5793	Big Cabin Senior Citizens	333 South Oak St Big Cabin, OK 74332	(918) 783-5793
		Elder Care	1223 Swan Drive Bartlesville, OK 74006	(918) 783-5793
		Ketchum Senior Citizen Center	124 Broadway Street Ketchum, OK 74349	(918) 783-5793
		Pryor Creek Recreation Center	1111 S.E. 9th Street Pryor, OK 74361	(918) 783-5793
	<b>Senior Citizens of Shawnee Inc</b>			
	401 North Bell Shawnee, OK (405) 275-4530	Shawnee Senior Center	401 North Bell Shawnee, OK 74801	(405) 275-4530
	<b>YMCA of Greater Tulsa</b>			
	420 S Main St., Ste 200 Tulsa, OK (918) 747-9622	Daily Family YMCA of Bixby	7910 E 134th St S Bixby, OK 74008	(918) 747-9622
		Owasso Family YMCA	8300 N Owasso Expy Owasso, OK 74055	(918) 747-9622
		R.C. Dickenson Family YMCA	8501 S Garnett Broken Arrow, OK 74012	(918) 747-9622
		South Neighborhood YMCA	10031 S. Yale Ave., Suite 105 Tulsa, OK 74137	(918) 747-9622
		Thornton Family Branch YMCA	5002 S Fulton Ave Tulsa, OK 74135	(918) 747-9622
		W.L. Hutcherson Branch YMCA	1120 E Pine St Tulsa, OK 74106	(918) 747-9622



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<b>OR</b>	<b>Eugene Family YMCA</b>			
	2055 Patterson St Eugene, OR (541) 686-9622	Eugene Family YMCA	2055 Patterson St Eugene, OR 97405	(541) 686-9622
	<b>Family YMCA of Baker County</b>			
	580 Baker St Baker City, OR (541) 523-9622	Family YMCA of Baker County	580 Baker St Baker City, OR 97814	(541) 523-9622
	<b>Family YMCA of Marion and Polk Counties</b>			
	685 Court St NE Salem, OR (503) 581-9622	Monmouth/Independence Family YMCA	301 Main St. S Independence, OR 97351	(503) 581-9622
		Salem Family YMCA	685 Court St. NE Salem, OR 97301	(503) 581-9622
	<b>Tillamook County Family YMCA</b>			
	610 Stillwell Ave Tillamook, OR (503) 842-9622	Kiwanda Community Center	34600 Cape Kiwanda Drive Pacific City, OR 97135	(503) 842-9622
		Tillamook County Family YMCA	610 Stillwell Ave Tillamook, OR 97141	(503) 842-9622
	<b>YMCA of Ashland</b>			
	540 YMCA Way Ashland, OR (541) 482-9622	YMCA of Ashland	540 YMCA Way Ashland, OR 97520	(541) 482-9622
<b>YMCA of Columbia-Willamette</b>				
9500 SW Barbur Blvd Ste 200 Portland, OR (503) 223-9622	Sherwood Regional Family YMCA	23000 SW Pacific Hwy Sherwood, OR 97140	(503) 223-9622	



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<b>OR</b>	<b>YMCA of Douglas County</b>			
	1151 NW Stewart Parkway Roseburg, OR (541) 440-9622	YMCA of Douglas County	1151 NW Stewart Parkway Roseburg, OR 97471	(541) 440-9622
<b>OR</b>	<b>YMCA of Grants Pass Oregon</b>			
	1000 Redwood Ave, PO Box 5439 Grants Pass, OR (541) 474-0001	YMCA of Grants Pass Oregon	1000 Redwood Ave, PO Box 5439 Grants Pass, OR 97527	(541) 474-0001
<b>PA</b>	<b>Beaver County YMCA</b>			
	2236 Third Ave New Brighton, PA (724) 891-8439	Beaver County YMCA	2236 Third Ave New Brighton, PA 15066	(724) 891-8439
	<b>Carbondale YMCA</b>			
	82 N Main St Carbondale, PA (570) 282-2210	Carbondale YMCA	82 N Main St Carbondale, PA 18407	(570) 282-2210
	<b>Community YMCA of Eastern Delaware County</b>			
2104 Garrett Road Lansdowne, PA (610) 638-1270	Lansdowne YMCA	2110 Garrett Rd Lansdowne, PA 19050	(610) 638-1270	
	Ridley Area Branch YMCA	900 South Ave Secane, PA 19018	(610) 638-1270	
<b>PA</b>	<b>Greater Pittston YMCA</b>			
	10 North Main Street Pittston, PA (570) 655-2255	Greater Pittston YMCA	10 North Main Street Pittston, PA 18640	(570) 655-2255



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<b>PA</b>	<b>Greater Scranton YMCA</b>			
	706 N Blakely St. Dunmore, PA (570) 342-8115	Greater Scranton YMCA	706 N Blakely St Dunmore, PA 18512	(570) 342-8115
	<b>Harrisburg Area Metropolitan YMCA</b>			
	123 Forster St Harrisburg, PA	Northern Dauphin County Branch YMCA	500 N Church St Elizabethville, PA 17023	
	<b>Philadelphia Corporation for Aging</b>			
	642 N. Broad Street Philadelphia, PA (215) 765-9000	Center at Journey's Way	403 Rector Street Philadelphia, PA 19128	(215) 765-9000
		Center in the Park	5818 Germantown Avenue Philadelphia, PA 19144	(215) 765-9000
		Juniata Park Older Adult Center	1251 East Sedgley Ave Philadelphia, PA 19134	(215) 765-9000
		M.L. King Older Adult Center	2101 W. Cecil B. Moore Avenue Philadelphia, PA 19121	(215) 765-9000
		Marconi Older Adult Program	2433 S. 15th Street Philadelphia, PA 19145	(215) 765-9000
		Norris Square Senior Center	2121-37 Howard Street Philadelphia, PA 19122	(215) 765-9000
		North Broad Street Senior Center	1438 N. Broad St. Philadelphia, PA 19121	(215) 765-9000
		Northeast Older Adult Senior Center	8101 Bustleton Ave Philadelphia, PA 19152	(215) 765-9000
	Older Adult Sunshine Center	137 S. 58th St. Philadelphia, PA 19139	(215) 765-9000	
	On-Lok House	219 North 10th Street Philadelphia, PA 19107	(215) 765-9000	



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<b>PA</b>	<b>Philadelphia Corporation for Aging</b> 642 N. Broad Street Philadelphia, PA (215) 765-9000	South Philadelphia Older Adult Center	1430 E. Passyunk Avenue Philadelphia, PA 19147 (215) 765-9000
		Southwest Senior Center	6916 Elmwood Avenue Philadelphia, PA 19142 (215) 765-9000
		St. Anne's Senior Center	2607 E. Cumberland Street Philadelphia, PA 19125 (215) 765-9000
		St. Charles Senior Community Center	1941 Christian St Philadelphia, PA 19146 (215) 765-9000
		Star Harbor Senior Center	4700 Springfield Avenue Philadelphia, PA 19143 (215) 765-9000
		West Philadelphia Senior Community Center	1016-26 N. 41st Street Philadelphia, PA 19104 (215) 765-9000
	<b>Philadelphia Freedom Valley YMCA</b> 2000 Market St Ste 750 Philadelphia, PA (215) 963-3700	Abington Branch YMCA	1073 Old York Rd Abington, PA 19001 (215) 963-3700
		Columbia North Branch YMCA	1400 N Broad St #26 Philadelphia, PA 19121 (215) 963-3700
		Haverford Area YMCA	891 N Eagle Rd Havertown, PA 19083 (215) 963-3700
		Northeast Family Branch YMCA	11088 Knights Rd Philadelphia, PA 19154 (215) 963-3700
	<b>Sewickley Valley YMCA</b> 625 Blackburn Road Sewickley, PA (412) 741-9622	Sewickley Valley YMCA	625 Blackburn Road Sewickley, PA 15143 (412) 741-9622
	<b>Shenango Valley YMCA</b> 925 North Hermitage Rd Hermitage, PA (724) 981-6950	Shenango Valley YMCA	925 North Hermitage Rd Hermitage, PA 16148 (724) 981-6950





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<b>PA</b>	<b>Vintage Inc</b>			
	401 N Highland Ave Pittsburgh, PA (412) 361-5003	Vintage Inc	401 N Highland Ave Pittsburgh, PA 15206	(412) 361-5003
	<b>Wayne County YMCA</b>			
	105 Park St Honesdale, PA (570) 253-2083	Wayne County YMCA	105 Park St Honesdale, PA 18431	(570) 253-2083
	<b>Wilkes-Barre Family YMCA</b>			
	40 W Northampton St Wilkes Barre, PA (570) 823-2191	Wilkes-Barre Family YMCA	40 W Northampton St Wilkes Barre, PA 18701	(570) 823-2191
	<b>YMCA of Greater Pittsburgh</b>			
	420 Ft Duquesne Blvd Suite 625 Pittsburgh, PA (412) 227-3800	Sampson Family	2200 Rte 286 Pittsburgh, PA 15239	(412) 227-3800
<b>PA</b>	<b>York and York County YMCA</b>			
	90 N Newberry St York, PA (717) 812-0119	Bob Hoffman YMCA Program Center	1705 Palomino Rd Dover, PA 17315	(717) 812-0119
		Eastern York County Branch YMCA	4075 East Market Street, Ste 2 York, PA 17402	(717) 812-0119
		York Branch YMCA	90 North Newberry Street York, PA 17401	(717) 812-0119
<b>RI</b>	<b>Ocean Community YMCA</b>			
	95 High St Westerly, RI (401) 596-2894	Mystic YMCA	1 Harry Austin Dr Mystic, CT 06355	(401) 596-2894



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<b>RI</b>	<b>Providence Metropolitan YMCA</b> 371 Pine St Providence, RI (401) 521-9622	Bayside Branch YMCA	70 West St Barrington, RI 02806	(401) 521-9622	
		East Side/Mount Hope YMCA	438 Hope St Providence, RI 02906	(401) 521-9622	
		Kent County Branch YMCA	900 Centerville Rd Warwick, RI 02886	(401) 521-9622	
		West Bay Family YMCA	7540 Post Rd North Kingstown, RI 02852	(401) 521-9622	
<b>SC</b>	<b>Family YMCA of Greater Laurens</b> 410 Anderson Dr Laurens, SC (864) 984-2626	Family YMCA of Greater Laurens	410 Anderson Dr Laurens, SC 29360	(864) 984-2626	
	<b>Lowcountry Senior Center</b> 865 Riverland Drive Charleston, SC (843) 762-9555	Bees Landing	1580 Ashley Gardens Boulevard Charleston, SC 29414	(843) 762-9555	
		Lowcountry Senior Center - Isle of Palms	28th Avenue Isle of Palms, SC 29451	(843) 762-9555	
		Lowcountry Senior Center - James Island	865 Riverland Drive Charleston, SC 29412	(843) 762-9555	
		Lowcountry Senior Center - Moncks Corner	730 Stoney Landing Road Moncks Corner, SC 29461	(843) 762-9555	
		Summerville Family Y	208 W. Doty Summerville, SC 29483	(843) 762-9555	
	<b>TN</b>	<b>Sparta/White County Family YMCA</b> 123 Moore St Sparta, TN (931) 836-3330	Sparta/White County Family YMCA	123 Moore St Sparta, TN 38583	(931) 836-3330



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<b>TN</b>	<b>YMCA of Memphis &amp; the Mid-South</b>			
	6373 Quail Hollow Road, Suite 201 Memphis, TN (901) 766-7677	Louis T. Fogelman Branch YMCA	245 Madison Ave Memphis, TN 38103	(901) 766-7677
<b>TX</b>	<b>YMCA of Arlington</b>			
	1148 W Pioneer Parkway Suite H Arlington, TX (817) 299-9629	Cooper Street Branch YMCA	7120 S. Cooper St. Arlington, TX 76001	(817) 299-9629
	<b>YMCA of Central Texas</b>			
	6800 Harvey Dr, PO Box 20515 Waco, TX (254) 776-6612	Waco Family YMCA	6800 Harvey Dr Waco, TX 76702	(254) 776-6612
	<b>YMCA of El Paso</b>			
808 Montana Ave El Paso, TX (915) 532-9622	Bowling Family YMCA	5509 Will Ruth Ave El Paso, TX 79924	(915) 532-9622	
	Westside Family YMCA	7145 N Mesa St El Paso, TX 79912	(915) 532-9622	



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<b>TX</b>	<b>YMCA of Greater San Antonio</b>			
	3233 N. St. Mary's Street San Antonio, TX (210) 246-9622	D. R. Semmes YMCA	3233 N. St. Mary's San Antonio, TX 78212	(210) 246-9622
		Davis-Scott Branch YMCA	1213 Iowa St San Antonio, TX 78203	(210) 246-9622
		Mays Family YMCA	21654 Blanco Rd San Antonio, TX 78258	(210) 246-9622
		Southside YMCA	835 W Southcross Blvd San Antonio, TX 78211	(210) 246-9622
		Walzem Family YMCA	5538 Walzem San Antonio, TX 78218	(210) 246-9622
		Westside Branch YMCA	2900 Ruiz St San Antonio, TX 78228	(210) 246-9622
		<b>YMCA of the Greater Houston Area</b>		
	P. O. Box 3007 Houston, TX (713) 659-5566	D. Bradley McWilliams YMCA at Cypress Creek	19915 State Hwy 249 Houston, TX 77070	(713) 659-5566
		Edgar A. Smith Family Branch YMCA	14650 Highway 3 Webster, TX 77598	(713) 659-5566
		Lake Houston Family YMCA	2420 W Lake Houston Pkwy Kingwood, TX 77339	(713) 659-5566
		Langham Creek Family YMCA	16725 Longenbaugh Dr Houston, TX 77095	(713) 659-5566
		M.D. Anderson Branch YMCA	705 Cavalcade Houston, TX 77009	(713) 659-5566
		Monty Ballard YMCA at Cinco Ranch	22807 Westheimer Pkwy Katy, TX 77494	(713) 659-5566
	The Woodlands Family YMCA at Shadow Bend	6145 Shadow Bend Pl The Woodlands, TX 77381	(713) 659-5566	
	Thelma Ley Anderson Family YMCA	3201 South Hwy 35 Alvin, TX 77511	(713) 659-5566	



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<b>TX</b>	<b>YMCA of the Greater Houston Area</b>  P. O. Box 3007 Houston, TX (713) 659-5566	Trotter Family YMCA	1331 Augusta Dr Houston, TX 77057	(713) 659-5566
		Weekley Family YMCA	7101 Stella Link Dr Houston, TX 77025	(713) 659-5566
		West Orem Family YMCA	5801 W Orem Dr Houston, TX 77085	(713) 659-5566
		YMCA at Katy Main Street	1350 Main Street Katy, TX 77494	(713) 659-5566
<b>UT</b>	<b>Davis County Health Department</b>  50 East State Street, P.O. Box 618 Farmington, UT (801) 451-3515	Golden Years Senior Center	726 South 100 East Bountiful, UT 84010	(801) 451-3515
	<b>Salt Lake County Aging and Adult Services</b>  2001 South State Street #S1600 Salt Lake City, UT (801) 468-2804	Columbus Senior Center	2531 S. 400 E. Salt Lake City, UT 84115	(801) 468-2804
		Draper Senior Center	12350 S. 800 E. Draper, UT 84020	(801) 468-2804
		Kearns Senior Center	4851 West 4715 South Kearns, UT 84118	(801) 468-2804
		Liberty Senior Center	251 E. 700 S. Salt Lake City, UT 84111	(801) 468-2804
		Magna Senior Center	9228 W. 2700 S. Magna, UT 84044	(801) 468-2804
		Midvale Senior Center	350 W. Park Street Midvale, UT 84047	(801) 468-2804
		Millcreek Community Center	2266 East Evergreen Ave. (3435 S.) Millcreek, UT 84109	(801) 468-2804
		Mount Olympus Senior Center	1635 E. Murray-Holladay Road Holladay, UT 84117	(801) 468-2804



## EnhanceFitness Affiliates and Sites by State

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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>UT</b>	<b>Salt Lake County Aging and Adult Services</b> 2001 South State Street #S1600 Salt Lake City, UT (801) 468-2804	River's Bend Senior Center	1300 W. 300 N. Salt Lake City, UT 84116	(801) 468-2804
		Riverton Senior Center	12891 S. Redwood Road Riverton, UT 84065	(801) 468-2804
		Sandy Senior Center	9310 S. 1300 E. Sandy, UT 84094	(801) 468-2804
		Sunday Anderson Westside	868 W. 900 S. Salt Lake City, UT 84104	(801) 468-2804
		Taylorville Senior Center	4743 S. Plymouth View Dr. Taylorville, UT 84118	(801) 468-2804
		Tenth East Senior Center	237 S. 1000 E. Salt Lake City, UT 84102	(801) 468-2804
		West Jordan Senior Center	8025 South 2200 West West Jordan, UT 84088	(801) 468-2804
		<b>VA</b>	<b>Senior Services of Southeastern Virginia</b> 5 Interstate Corporation Center, 6350 Center Drive, Suite 101 Norfolk, VA (757) 461-9481	Gee Gee Cogie High-Rise Apartments
Nike Park Senior Center	13034 Nike Park Rd Carrolton, VA 23314			(757) 461-9481
Portsmouth City Senior Station	3500 Clifford St Portsmouth, VA 23707			(757) 461-9481
Senior Services of Southeastern Virginia	6350 Center drive, Suite 101 Norfolk, VA 23462			(757) 461-9481



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>VA</b>	<b>YMCA of Roanoke Valley</b> PO Box 2130 Roanoke, VA (540) 527-9622	Kirk Family YMCA	520 Church Ave SW Roanoke, VA 24016	(540) 527-9622
		Melrose Towers	3038 Melrose Ave., N.W. Roanoke, VA 24017	(540) 527-9622
		Salem Family YMCA	1126 Kime Ln Salem, VA 24153	(540) 527-9622
<b>VT</b>	<b>Greater Burlington YMCA</b> 266 College St ATTN: Kevin Hatin Burlington, VT (802) 862-9622	Greater Burlington YMCA	266 College St Burlington, VT 05401	(802) 862-9622
<b>WA</b>	<b>Asian Counseling and Referral Service</b> 3639 Martin Luther King Jr. Way S Seattle, WA (206) 695-7600	Asian Counseling and Referral Service	3639 Martin Luther King Jr. Way S Seattle, WA 98144	(206) 695-7600
	<b>Bayview Retirement Community</b> 11 West Aloha St. Seattle, WA (206) 284-7330	Bayview Manor Retirement Community	11 West Aloha St. Seattle, WA 98119	(206) 284-7330
	<b>Burien Community Center</b> 14700 6th Ave SW Burien, WA (206) 988-3700	Burien Community Center	14700 6th Ave SW Burien, WA 98166	(206) 988-3700



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>WA</b>	<b>Central Area Senior Center</b>	500 30th Avenue South Seattle, WA (206) 726-4926	Central Area Senior Center	500 30th Avenue South Seattle, WA 98144 (206) 726-4926
	<b>Chinese Baptist Church</b>	5801 Beacon Ave S Seattle, WA (206) 725-6363	Chinese Baptist Church	5801 Beacon Ave S Seattle, WA 98108 (206) 725-6363
	<b>City of Mercer Island Parks &amp; Recreation Department</b>	8236 SE 24th Street Mercer Island, WA (206) 321-4692	Mercer Island Community & Event Center	8236 SE 24th Street Mercer Island, WA 98040 (206) 321-4692
	<b>Covenant Shores Retirement Community</b>	9150 Fortuna Drive Mercer Island, WA (206) 268-3026	Covenant Shores Retirement Community	9150 Fortuna Drive Mercer Island, WA 98040 (206) 268-3026
	<b>Des Moines Activity Center</b>	PO Box 98576 Des Moines, WA (206) 878-1642	Des Moines Activity Center	2045 South 216th Street Des Moines, WA 98198 (206) 878-1642
	<b>East County Senior Center</b>	276 Sky River Parkway Monroe, WA (360) 794-6359	East County Senior Center	276 Sky River Parkway Monroe, WA 98272 (360) 794-6359





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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>WA</b>	<b>Edmonds Senior Center</b>			
	220 Railroad Ave PO Box 717 Edmonds, WA (425) 774-5555	Edmonds Senior Center	220 Railroad Ave PO Box 717 Edmonds, WA 98020	(425) 774-5555
	<b>Era Living</b>			
	400 Union Street Seattle, WA (206) 470-8000	Aljoya Mercer Island	2430 76th Ave SE Mercer Island, WA 98040	(206) 470-8000
		Aljoya Thornton Place	450 NE 100th St Seattle, WA 98125	(206) 470-8000
		Ida Culver House - Broadview	12505 Greenwood Ave N Seattle, WA 98133	(206) 470-8000
		Ida Culver House - Ravenna	2315 NE 65th St Seattle, WA 98115	(206) 470-8000
		The Gardens at Town Square	933 111st Ave NE Bellevue, WA 98004	(206) 470-8000
		The LakeShore	11448 Rainier Ave S Seattle, WA 98178	(206) 470-8000
		University House - Issaquah	22975 SE Black Nuggett Rd Issaquah, WA 98029	(206) 470-8000
		University House - Wallingford	4400 Stone Way N Seattle, WA 98103	(206) 470-8000
	<b>Island Fitness Studio</b>			
	190 Madison Ave. N Bainbridge Island, WA (206) 842-5720	Island Fitness Studio	190 Madison Ave. N Bainbridge Island, WA 98110	(206) 842-5720
	<b>Kawabe Memorial House</b>			
	221 18th Ave S Seattle, WA (206) 322-4550	Kawabe House	221 18th Ave S Seattle, WA 98144	(206) 322-4550



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>WA</b>	<b>Keiro Northwest</b>			
	1601 E Yesler Way Seattle, WA (206) 726-6469	Nikkei Horizons @ Grace Lutheran Church	1601 E. Yesler Way Seattle, WA 98122	(206) 726-6469
		Nikkei Horizons @ Seattle Buddhist Temple	1601 E. Yesler Way Seattle, WA 98122	(206) 726-6469
	<b>Kin On Community Care Network</b>			
	4416 S Brandon St Seattle, WA (206) 721-3630	Kin On Health Care Center	4416 S Brandon St Seattle, WA 98118	(206) 721-3630
	<b>Lacey Senior Center</b>			
	6757 Pacific Avenue SE Lacey, WA (360) 407-3967	Lacey Senior Center	6757 Pacific Ave. SE Lacey, WA 98503	(360) 407-3967
	<b>Lynnwood Senior Center</b>			
	PO Box 5008 Lynnwood, WA (425) 670-5050	Lynnwood Senior Center	19000 44th Ave W Lynnwood, WA 98036	(425) 670-5050
	<b>Mt. Si Senior Center</b>			
411 Main Ave S North Bend, WA (425) 888-3434	Mt. Si Senior Center	411 Main Ave S North Bend, WA 98045	(425) 888-3434	
<b>Norse Home</b>				
5311 Phinney Avenue North Seattle, WA (206) 781-7400	Norse Home	5311 Phinney Avenue North Seattle, WA 98103	(206) 781-7400	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>WA</b>	<b>North Bellevue Community &amp; Senior Center</b>			
	P.O. Box 90012 Bellevue, WA (425) 452-7681	North Bellevue Community & Senior Center	4063 148th Ave NE Bellevue, WA 98009	(425) 452-7681
	<b>Northshore Senior Center</b>			
	10201 E Riverside Dr Bothell, WA (425) 487-2441	Kenmore Senior Program	PO Box 82985 Kenmore, WA 98028	(425) 487-2441
		Northshore Senior Center	10201 E Riverside Dr Bothell, WA 98011	(425) 487-2441
	<b>Oak Harbor Senior Center</b>			
	501 Jerome St Oak Harbor, WA (360) 279-4580	Oak Harbor Senior Center	51 SE Jerome St Oak Harbor, WA 98277	(360) 279-4580
	<b>Pasco Senior Center</b>			
	Pasco 1st Avenue Center, Pasco City Hall, PO Box 293 Pasco, WA (509) 545-3459	Pasco Senior Center	505 N. 1st Ave. Pasco, WA 99301	(509) 545-3459
	<b>Peter Kirk Community Center</b>			
352 Kirkland Ave Kirkland, WA (425) 587-3360	Peter Kirk Community Center	352 Kirkland Ave Kirkland, WA 98033	(425) 587-3360	
<b>Rjs Kids</b>				
PO Box 13007 Burton, WA (206) 661-5902	Vashon Maury Senior Center	10004 SW Bank Road Vashon, WA 98070	(206) 661-5902	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>WA</b>	<b>Schwabacher House</b>			
	1715 NW 59th St Seattle, WA (206) 285-4593	Schwabacher House	1715 NW 59th St Seattle, WA 98107	(206) 285-4593
	<b>Seattle Parks &amp; Recreation - Senior Adult and Specialized Programs</b>			
	8061 Densmore Ave N Seattle, WA (206) 386-9106	Bitter Lake Community Center	8061 Densmore Ave N Seattle, WA 98103	(206) 386-9106
		Capitol Hill Campus	201 16th Ave. E. Seattle, WA 98112	(206) 386-9106
		Lake City Community Center	12531 28th Ave NE Seattle, WA 98125	(206) 386-9106
		Magnolia Community Center	2550 - 34th Avenue West Seattle, WA 98199	(206) 386-9106
		Magnuson Community Center	7110 62nd Ave NE Seattle, WA 98115	(206) 386-9106
		Northgate Community Center	10510 5 Ave NE Seattle, WA 98125	(206) 386-9106
		Rainier Community Center	4600 38th Ave. S Seattle, WA 98118	(206) 386-9106
	<b>Senior Housing Assistance Group (SHAG)</b>			
	3642 33rd Avenue S., Suite C-4 Seattle, WA (206) 760-1093	Arrowhead Gardens	9200 2nd Ave SW Seattle, WA 98106	(206) 760-1093
		Cedar Park Apartments	12740 30th Avenue NE Seattle, WA 98125	(206) 760-1093
		Interurban Senior Living	14002 Linden Ave N Seattle, WA 98133	(206) 760-1093
		New Haven at Bitter Lake	13000 Linden Avenue N Seattle, WA 98133	(206) 760-1093



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>WA</b>	<b>Senior Housing Assistance Group (SHAG)</b>			
	3642 33rd Avenue S., Suite C-4 Seattle, WA (206) 760-1093	Tri-Court	720 N 143rd St Seattle, WA 98133	(206) 760-1093
		Victoria Park	13716 Lake City Way NE Seattle, WA 98125	(206) 760-1093
	<b>Shoreline-Lake Forest Park Senior Center</b>			
	18560 - 1st Ave NE Shoreline, WA (206) 365-1536	Shoreline-Lake Forest Park Senior Center	18560 - 1st Ave NE Shoreline, WA 98155	(206) 365-1536
	<b>Sno Valley Senior Center</b>			
	PO Box 96 Carnation, WA (425) 333-4152	Sno Valley Senior Center	4610 Stephens Avenue Carnation, WA 98014	(425) 333-4152
	<b>Snohomish Senior Center</b>			
	506 4th St Snohomish, WA (360) 568-0934	Snohomish Senior Center	506 4th St Snohomish, WA 98290	(360) 568-0934
	<b>Sound Generations</b>			
	2208 2nd Ave Suite 100 Seattle, WA (206) 448-5757	Ballard Northwest Senior Center	5429 - 32nd Ave NW Seattle, WA 98107	(206) 448-5757
		Renton Housing Authority Golden Pines Apartments	2901 NE 10th Street Renton, WA 98056	(206) 448-5757
		Senior Center of West Seattle	4217 SW Oregon St Seattle, WA 98116	(206) 448-5757
		Southeast Seattle Senior Center	4655 South Holly Seattle, WA 98118	(206) 448-5757



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
<b>WA</b>	<b>South Park Senior Center</b>			
	8201 10th Ave South Seattle, WA (206) 767-2544	South Park Senior Center	8201 10th Ave South Seattle, WA 98108	(206) 767-2544
	<b>South Sound (Olympia) Senior Center</b>			
	222 Columbia Street NW Olympia, WA (360) 586-6181	South Sound Senior Center	222 Columbia Street NW Olympia, WA 98501	(360) 586-6181
	<b>Southwest Washington Agency on Aging and Disability SWAAD</b>			
	201 NE 73rd Street, Suite 201 Vancouver, WA (360) 735-5720	Battle Ground Community Center	912 East Main Street Battle Ground, WA 98604	(360) 735-5720
		Camas-Washougal	1681 C Street Washougal, WA 98671	(360) 735-5720
		Trinity Lutheran	309 W 39th Street Vancouver, WA 98660	(360) 735-5720
	<b>The Carl Gipson Senior Center of Everett</b>			
	3025 Lombard Ave Everett, WA (425) 257-8780	The Carl Gipson Senior Center of Everett	3025 Lombard Ave Everett, WA 98201	(425) 257-8780
<b>Tukwila Community Center Senior Adult Program</b>				
12424 42nd Avenue South Tukwila, WA (206) 768-2822	Tukwila Community Center Senior Adult Program	12424 42nd Avenue South Tukwila, WA 98168	(206) 768-2822	



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>				
<b>WA</b>	<b>University Of Washington - Northwest Hospital</b>	1959 NE Pacific St, Box 356490 Seattle, WA (206) 616-9997	Northwest Hospital	1959 NE Pacific St, Box 356490 Seattle, WA 98195	(206) 616-9997	
	<b>Wallingford Community Senior Center</b>	4649 Sunnyside Ave. North - Suite 140 Seattle, WA (206) 461-7825	Wallingford Senior Center	4649 Sunnyside Ave. North - Suite 140, The Good Shepherd Center Seattle, WA 98103	(206) 461-7825	
	<b>YMCA of Greater Seattle</b>	909 Fourth Avenue Seattle, WA (206) 382-4361	Dale Turner Family YMCA	19290 Aurora Ave North Shoreline, WA 98133	(206) 382-4361	
			Downtown Branch YMCA	909 4th Ave Seattle, WA 98104	(206) 382-4361	
			Matt Griffin YMCA	3595 S. 188th Street SeaTac, WA 98188	(206) 382-4361	
			Snoqualmie Valley YMCA	35018 SE Ridge Snoqualmie, WA 98065	(206) 382-4361	
			The Y at the Carol Edwards Center	17401 133rd Ave NE Woodinville, WA 98072	(206) 382-4361	
	<b>WI</b>	<b>Kettle Moraine YMCA Inc.</b>	1111 W Washington St West Bend, WI (262) 334-3405	Kettle Moraine YMCA Inc.	1111 W Washington St West Bend, WI 53095	(262) 334-3405
				West Bend Senior Center	2378 W Washington Street. PO Box 1053 West Bend, WI 53095	(262) 334-3405



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<u>State</u>	<u>EF Affiliate Name</u>	<u>EF Site Name, Address, Phone</u>		
WI	<b>Sheboygan County YMCA</b>			
	812 Broughton Drive Sheboygan, WI (920) 451-8000	Sheboygan County YMCA	812 Broughton Drive Sheboygan, WI 53081	(920) 451-8000
	<b>YMCA of Eau Claire</b>			
	700 Graham Ave. Eau Claire, WI (715) 836-8460	YMCA of Eau Claire	700 Graham Ave Eau Claire, WI 54701	(715) 836-8460